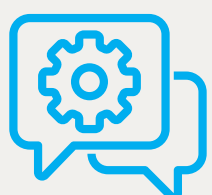


# SUPPORTING THE FAMILY CAREGIVERS WHO WORK AROUND THE CLOCK



IN 2015, ACL'S NATIONAL FAMILY CAREGIVER SUPPORT PROGRAM (NFCSP) PROVIDED SUPPORT TO MORE THAN 750,000 FAMILY CAREGIVERS.

## SUPPORT INCLUDED...



COUNSELING  
& EDUCATION



INFORMATION



RESPIRE  
CARE



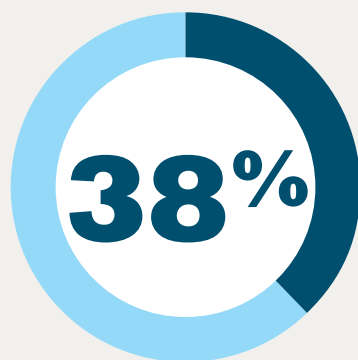
ASSISTANCE



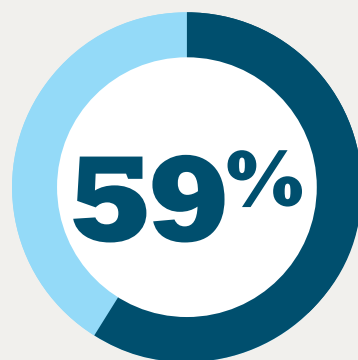
SUPPLEMENTAL  
SERVICES

## OF CAREGIVERS SUPPORTED BY THE NETWORK:

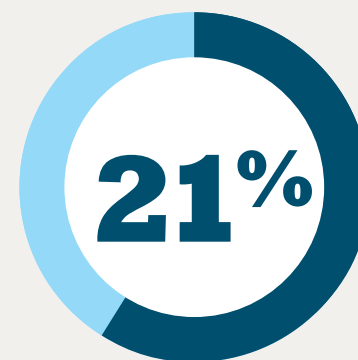
### THE COMMITMENT...



REPORT THAT THEY HAVE  
BEEN CAREGIVERS BETWEEN  
2 AND 5 YEARS.



REPORT THAT THE CARE  
RECIPIENT NEEDS SOMEONE  
PRESENT NEARLY ALL THE TIME.

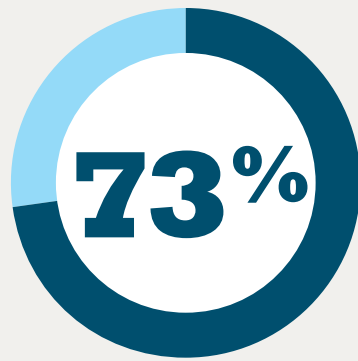
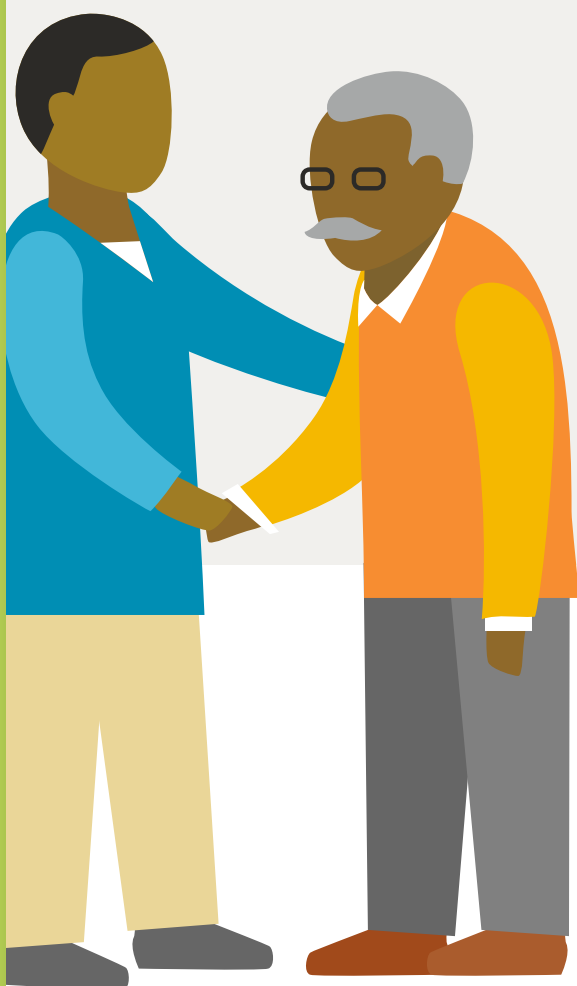


SAID NOT ENOUGH TIME FOR  
SELF/FAMILY IS THE HARDEST  
PART OF CAREGIVING.

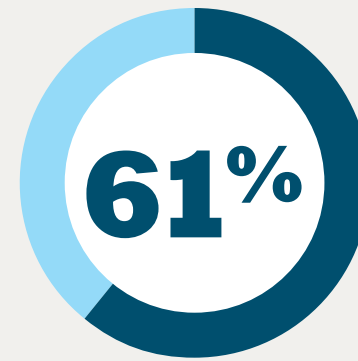


THE MAJORITY OF CAREGIVERS REPORT THEIR COMMITMENT TO CAREGIVING REQUIRES MORE HOURS THAN A FULL TIME JOB.

### THE VALUE OF SUPPORT...



OF CAREGIVERS REPORTED THAT SUPPORT  
SERVICES ENABLED THEM TO PROVIDE CARE  
TO THE RECIPIENT FOR LONGER.



SAID THAT THEY HAVE MORE TIME FOR  
PERSONAL ACTIVITIES BECAUSE OF THE  
SUPPORT SERVICES THEY RECEIVED.



ALMOST 4 OUT OF EVERY 10 CAREGIVERS INDICATED THAT THE CARE RECIPIENT WOULD NOT CONTINUE TO LIVE AT HOME IF THEIR CURRENT SERVICES WERE NOT AVAILABLE.

FOR MORE INFORMATION ABOUT SERVICES, CALL THE ELDERCARE LOCATOR AT 1-800-677-1116 OR VISIT ELDERCARE.GOV.

**Sources:**  
2016 National Survey of Older Americans Act Participants  
2015 State Program Report Data (AGiD)  
Caregiver Action Network (CAN)

