



# Older Adults Programming: COVID-19 Resource Toolkit

Guidance and tools to help programs for older adults successfully resume in-person services, and help support staff and volunteers in their work.

## Toolkit Goal:

Help you improve care and safety practices for seniors re-emerging from isolation in our “new normal”.

## NOW AVAILABLE!

Visit [officeonaging.ocgov.com/covid-19](https://officeonaging.ocgov.com/covid-19)  
to access and download resources pertaining to:

Scan QR code to access the Toolkit:



- Recognizing signs of mental health needs
- Appropriate social skills for safe interactions
- Helping seniors with technology barriers
- Grief and Loss support
- Caregiver's support
- Adult Day Programs & Residential Care guidance
- Self-care tips for staff/volunteers
- And more

## Questions?

Email [OoACovid19Questions@occr.ocgov.com](mailto:OoACovid19Questions@occr.ocgov.com) or call 1-800-510-2020

*Please Note: We've assembled resources and materials as best we could and anticipate updating this Toolkit on an ongoing basis. If you have resources to be add in, email [OoACovid19Questions@occr.ocgov.com](mailto:OoACovid19Questions@occr.ocgov.com).*



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