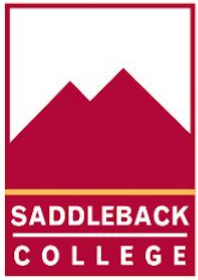


EMERITUS INSTITUTE

The mission of the Saddleback College Emeritus Institute program is to promote lifelong learning by providing academically rigorous, mentally stimulating, socially engaging, and health improving courses for older adults throughout south Orange County.

949-582-4313 | www.saddleback.edu/emmeritus
scemeritus@saddleback.edu



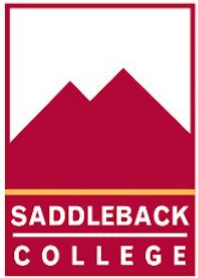
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WHERE DO STUDENTS LIVE?



6,100 REGISTERED STUDENTS

- 34% LIVE IN LAGUNA WOODS VILLAGE
- 17% LIVE IN MISSION VIEJO
- 8% LIVE IN LAGUNA NIGUEL
- 6% LIVE IN LAGUNA HILLS
- 29% LIVE THROUGHOUT ORANGE COUNTY AND BEYOND



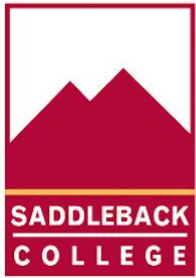
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EXPERT FACULTY



75+ EXPERT FACULTY

- 4 PHDS
- DOZENS AND DOZENS OF MASTERS DEGREES
- PROFESSIONALS DEDICATED TO OLDER ADULT EDUCATION
- PATIENT, WELCOMING, AND INFORMATIVE



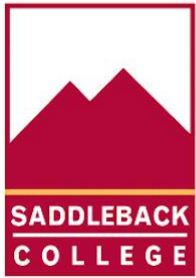
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WHERE ARE CLASSES HELD?



30+ SITES THROUGHOUT SOUTH ORANGE COUNTY

- Aliso Viejo - 2 Sites
- Dana Point – 1 Site
- Laguna Beach – 1 Site
- Laguna Hills – 3 Sites
- Laguna Niguel – 3 Sites
- Laguna Woods – 4 Sites
- Lake Forest – 2 Sites
- Mission Viejo – 6 Sites
- Monarch Beach – 1 Site
- RSM – 2 Sites
- San Clemente – 4 Sites
- San Juan Cap. – 4 Sites



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**Academically
Rigorous**

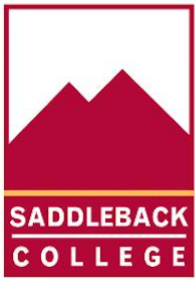
"I have improved, but far from perfected, my ability to speak Spanish by taking a **Spanish class**.

Biology classes included on-site trips to visit, hands-on, areas which the class was studying, bringing students up-to-date on current technologies.

Biblical studies classes brought together people with different faiths, which led to interesting commentary during discussion times.

Creative writing enables students to express themselves in a positive and re-affirming atmosphere, encouraging students who would like to explore writing to feel comfortable in stepping out."

Dianne W. – Mission Viejo



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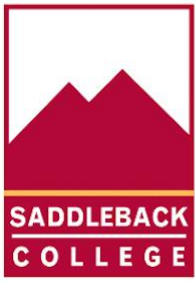
**Mentally
Stimulating**

“I'm 67 years old and I can't learn like I used to. But the classes I took were great in that the **teacher let us learn at our own rates**. The teacher was very good and there were really nice people in the class. I liked the classes as they **kept my mind active** which is a good thing for a senior citizen.”

Richard M. – Foothill Ranch

“Your school offers the senior citizens a challenge to **keep their minds engaged** in many subjects therefore informed as to what has gone on in the world as well as history of the world. I am very proud of Saddleback for the service it offers.”

Emerette D. – Lake Forest



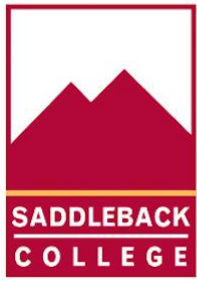
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**Socially
Engaging**

“My burgeoning success with my art has not been the only impact that the Emeritus Institute has had on my life, however. **I have made many friends as a result of this common interest. These friendships have added such depth to my life as a retiree.** Leaving the work environment for retirement can be quite lonely even if you have a companion to retire with! In fact, I would say that these **social benefits are of equal importance** with the skills taught at the Emeritus Institute.”

Sharyn E. – San Clemente



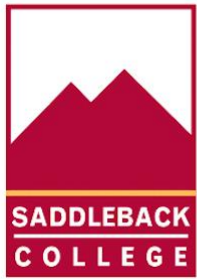
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**Health
Improving**

“As a lupus patient, all of my connective tissues, bones, joints are affected and painful. I've been doing the emeritus program 5 days per week for several years. **My body feels stronger**, I've lost weight, and I've made many new friends and acquaintances. This program has been **amazing for my mind, body, and spirit**. Thanks you so much for doing this for seniors!”

Sharon B. – Dana Point



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**Life
Changing**

One of my long time clients who I haven't seen for months came into our center the other day and I asked her "Where have you been." She said " I have been very sick with agoraphobia and unable to leave my house."

HOWEVER:

She said to me: "if it weren't for the Emeritus Classes I would still be at home, they are the only thing that gives me courage to get out and be among people. The classes give me the world, and I cannot say enough about them."

Robin Trexler

Nutrition Site Manager

Age Well Senior Services



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See FAQs
on
Page 12

*Tuition-free
courses
for older adults*

Summer 2019 Schedule of Classes

Instruction Begins May 28
Ongoing Admission and Registration

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Join us this summer to
experience the life
changing benefits and
daily excitement as a
Saddleback College
Emeritus Institute
student.

Applications are at the
Emeritus Institute table.

If you have any
questions, feel free to
ask anyone from
Saddleback College.

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