



AGENDA

Senior Citizen Advisory Council **HEALTH & NUTRITION COMMITTEE**

March 17, 2021 1:00 P.M.

www.officeonaging.ocgov.com

*Pursuant to the provisions of California Governor's Executive Order N-29-20, issued on March 17, 2020, this meeting will be held by Zoom. Members of the public may observe and address the meeting telephonically. To attend the meeting via teleconference please call:

Dial (for higher quality, dial a number based on your current location):
US: +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799 or +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592

Webinar ID: 964 1672 7378 / Password: 925215 (once you enter this code, you should be automatically connected to the call; you will remain on the line until meeting begins).

Link to meeting: https://zoom.us/j/96416727378?pwd=NIRzdFBVdjcvWXFIU2FNdEIwYjNkZz09

This agenda contains a brief general description of each item to be considered. The Council encourages your participation. If you wish to speak you may do so during Public Comment. To speak during Public Comment, press *9 following the Chair's invitation from the public to speak. Once acknowledged and prompted by the Chair, you may begin to speak. Except as otherwise provided by law, no action shall be taken on any item not appearing in the agenda. When addressing the Council, please state your name for the record prior to providing your comments.

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public that wish to send comments or speak on an item(s) may send a completed Speaker Request Form(s) identifying the items and send them to <a href="https://occ.ocg/occ.

Materials/handouts can be requested up to 72 hours in advance of the meeting by visiting http://www.occommunityservices.org/.

AGENDA March 17, 2021

Health and Nutrition Committee Mission Statement	
Educate and exchange information with professionals and the community regarding services and	
resources available to older adults in the areas of nutrition and health care issues.	
	Health & Nutrition Committee members will be advocates for the
	senior community on health and nutrition issues
Goal 1	Objective 1: By December 31, 2021, at least 9 educational presentations will be delivered to the Health & Nutrition Committee to educate committee members and empower each member to share the information with the Orange County senior community.
	Dissemination of Information by H&N Committee Members
Goal 2	Objective 1: Members of the H&N Committee will consolidate a report of how and where information received through presentations was disseminated. This report will be a part of the Committee Chair's 2020 annual report in January 2021.
	Objective 2: Throughout 2021, H&N representative will report on the committee's activities at the general SCAC meetings.
	Objective 3: Volunteer H&N Committee members will participate in OCSPA Healthcare and Senior Hunger Committees and report back to the H&N meeting

- 1. CALL TO ORDER: Chair Meredith Chillemi
- 2. PLEDGE OF ALLEGIANCE:
- 3. ROLL CALL: Vice Chair Patty Mouton
- 4. INTRODUCTION OF GUESTS: Chair Meredith Chillemi
- 5. PRESENTATIONS:

Orange County's Senior Nutrition Providers Andrea Collins, AgeWell Denise Bennett, City of Irvine and Delena Gutierrez, Meals on Wheels OC

6. OFFICE ON AGING UPDATE: Frank Hernandez

AGENDA March 17, 2021

7. CHAIR ITEMS:

- A. New Business:
 - 1. None
- B. Old Business:
 - 1. None
- 8. <u>ANNOUNCEMENTS & ROUNDTABLE DISCUSSION:</u> All members Update on March SCAC workgroup

9. PUBLIC MATTERS:

At this time, members of the public may address the Council regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. (Comments shall be limited to three (3) minutes, unless the Chair sets different time limits, approved by Council).

10. ADJOURNMENT

NEXT MEETING: April 21, 2021 1:00PM Via Zoom

DISCLAIMER: No member of SCAC shall sign a letter or make a statement purported to represent the position of SCAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of SCAC and shall be submitted to the Board for approval. The policy of the Board of Supervisors does not allow SCAC or its Chair to sign a letter of position on any matters pertaining to legislation. SCAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of SCAC.

Page 3 of 3