



A G E N D A

Orange County Senior Citizens Advisory Council

November 4, 2022

9:30 A.M.

Members of SCAC and Public Attendees have the option of attending in person or virtually via Zoom.

In-Person Location:

Crown Valley Community Center, Crown Ballroom
29751 Crown Valley Parkway
Laguna Niguel, CA

www.officeonaging.ocgov.com

Virtual Zoom Information:

***Pursuant to Government Code Section 54953(e)(1), as amended by AB 361, this meeting will be held both virtually by zoom and in person at the address above. Members of the public may observe and address the meeting telephonically. To attend the meeting via teleconference please call:**

Dial (for higher quality, dial a number based on your current location):

US: +1 669 900 9128 or +1 253 215 8782 or +1 346 248 7799 or +1 312 626 6799 or +1 646 558 8656 or +1 301 715 8592

ZOOM Webinar ID: 869 5205 3938 / Link to meeting: <https://us06web.zoom.us/j/86952053938>

****In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify the Orange County Community Service office 72 hours prior to the meeting at (714) 480-6450****

This agenda contains a brief general description of each item to be considered. The Council encourages your participation. If you wish to speak you may do so during Public Comment. To speak during Public Comment, press *9 following the Chair's invitation from the public to speak. Once acknowledged and prompted by the Chair, you may begin to speak. Except as otherwise provided by law, no action shall be taken on any item not appearing in the agenda. When addressing the Council, please state your name for the record prior to providing your comments.

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public that wish to send comments or speak on an item(s) may send a completed Speaker Request Form(s) identifying the items and send them to OCCSAdvisoryCouncilsBoards@occr.ocgov.com prior to the beginning of the meeting. To speak on a matter not appearing in the agenda, but under the jurisdiction of this Advisory Council, you may do so during Public Comments. Speaker request forms must be sent prior to the beginning of the meeting, the reading of the individual agenda items and/or the beginning of Public Comments. When addressing the Board, it is requested that you state your name for the record. Address the Board as a whole through the Chair. Comments to individual Members or staff are not permitted. Speakers are limited to three (3) minutes. Materials/handouts can be requested up to 72 hours in advance of the meeting by visiting <http://www.occommunityservices.org/>.

1. CALL TO ORDER: Chair Elaine Gennawey
2. INSPIRATION: Tony Rodella
3. PLEDGE OF ALLEGIANCE: Crystal Miles
4. ROLL CALL: Secretary Elizabeth Busick
*Please mail **Monthly Senior Services Hours** to Elizabeth Busick.*
As required by the OC Board of Supervisors: Each Council member shall dedicate a minimum eight hours per month to SCAC, which shall include activities related to meetings of the full Council as well as standing committee obligations. Hours shall be reported on the Monthly Senior Services form.
5. WELCOME – Supervisor Lisa Bartlett, Orange County 5th District
6. INTRODUCTIONS: Chair Elaine Gennawey
 - A. New SCAC Members: LaVal Brewer, Jerry Chang, and Rachel Owens
 - B. Office on Aging Staff: Renee Ramirez, Jenna Sergio, and Desiree Gonzalez
 - C. Guests
7. PRESENTATION: Introduction by Elizabeth Busick

Caregiving

Jack Light,

Executive Director

Caregiver Resource Center

&

Patty Mouton,

VP Outreach and Advocacy

Alzheimer's Orange County

8. PUBLIC COMMENTS:

At this time, members of the public may address the Council regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. *(Comments shall be limited to three (3) minutes, unless the Chair pre-identifies a different time at the start of meeting for all public speakers).*

9. ACTION ITEM: AB 361 Review and make findings required by Government Code subsection 54953(e)(3).

Recommendation: Continue virtual meetings due to the proclaimed state of the emergency arising from COVID-19, meeting in person presents imminent risks to the health and safety of attendees, and the emergency continues to directly impact the ability of the members to meet safely in person.

10. CHAIR ITEMS: Chair Elaine Gennawey
 - A. New Business
 - B. Old Business
 - C. Chair Comments
11. STANDING COMMITTEE REPORTS: Vice Chair, Gene Hernandez
(Report highlights – two (2) minutes per speaker)
 - A. Senior Citizens Engagement Committee – Evelyn Velez-Rosario
 - B. Wellbeing Reimagined – Barbara Sloate
 - C. Housing and Transportation – Sandy Stang
12. SENIOR CENTER LIAISONS: CSL Coordinator, Carolyn Inmon
13. PRESENTATION SCHEDULE: Presentation Coordinator Meredith Chillemi
14. ACTION ITEM: Election of 2023 SCAC Officers
*Recommendation: Accept nominations and conduct election for the following SCAC positions:
Chairperson, Vice Chairperson, Secretary, three (3) Members At-Large for a term of one (1) year or
until their successors are elected.*
15. ANNOUNCEMENTS BY SCAC MEMBERS
16. ADJOURNMENT OF MEETING:

Next SCAC Meeting

January 13, 2023 – 9:30 a.m.

SCAC Orientation

Upcoming Standing Committee Meetings

November 10 - 9:30 a.m.

Housing and Transportation

November 16 – 1:00 p.m.

Wellbeing Reimagined

November 21 - 9:30 a.m.

Senior Citizens Engagement Committee

November 22 – 9:30 a.m.

Executive Committee (Old and New)

DISCLAIMER: No member of SCAC shall sign a letter or make a statement purported to represent the position of SCAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of SCAC and shall be submitted to the Board for approval. The policy of the Board of Supervisors does not allow SCAC or its Chair to sign a letter of position on any matters pertaining to legislation. SCAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of SCAC.

Caregiver Resource Center



Overview for Senior Citizens Advisory Council
National Family Caregiver Strategy

Jack W. Light, LCSW, Director

Who is the Caregiver Resource Center of Orange County (CRC OC)?

Trusted partner for
Orange County families
coping with physical,
emotional & financial
responsibilities of
caregiving

CRC OC's Mission

“To Increase the
Quality of Life of
Caregivers by Helping
Families and
Communities Master
the Challenges of
Caregiving”



History of CRC OC

- ▶ Orange County since 1988, non-profit program of St. Jude
(www.caregiveroc.org)
- ▶ California Caregiver Resource System, enacted by CA state statute 1984 - with CDA since 2022, 11 sites.
(www.caregivercalifornia.org)
- ▶ Federal Older American's Act, Title III E, Family Caregiver Support Program since 2003

Eligibility = CRC OC Clients

- ▶ Orange County Resident
- ▶ “Caregivers” = Adults caring for:
 - ▶ A person under age 60 with adult onset cognitive (brain) impairment and/or Traumatic Brain Injury.
 - ▶ A person 60 years or older with a chronic illness that needs significant help with their activities of daily living (ADL’s)

CRC OC Services

**Support
Groups**

**Caregiver
Assessment &
Care Planning**

**Education &
Training
Legal Workshops**

Counseling

**Specialized
Information**

**Respite
Assistance**



Goals of the National Strategy to Support Family Caregivers:

Framework for Systemic Support

- ▶ GOAL 1: Achieving greater awareness of and outreach to family caregivers
- ▶ GOAL 2: Advancing partnerships and engagement with family caregivers
- ▶ GOAL 3: Strengthening services and supports for family caregivers
- ▶ GOAL 4: Improving financial and workplace security for family caregivers
- ▶ GOAL 5: More data, research, and evidence-based practices to support family caregivers



On Task and On Target at the State and Local Level:



Framework for Systemic Support

- ▶ *Goal 1: Achieving greater awareness of and outreach to family caregivers.*
- ▶ *GOAL 2: Advancing partnerships and engagement with family caregivers.*

CRC OC's Coordinated efforts with CA Department of Aging and OC Office on Aging initiatives – MPFA, ADRC's, FCSP and the statewide system of CRCs.



**On Task and
On Target at
the State and
Local Level:**



Framework for Systemic Support

- ▶ *Goal 3: Strengthening services and supports for family caregivers*
- ▶ *GOAL 4: Improving financial and workplace security for family caregivers*

Integrated services with CA
Department of Aging and the
statewide system of CRCs and
advocacy





On Task and On Target at the State and Local Level:



Framework for Systemic Support

- *GOAL 5: More data, research, and evidence-based practices to support family caregivers*

CRCs contribution of local/statewide data specific to CA Caregivers...

Picking up the pace of change: scaling services for a changing caregiver profile

Evaluation of the California Caregiver Resource Centers service delivery and system change

Reporting period: July 2020-June 2021

Submitted by the Family Caregiving Institute Oct. 31, 2021





California Coalition on Family Caregiving (CaCFC.org)

- ▶ The California Coalition on Family Caregiving started in 2022 with funding from Community Catalyst and Archstone Foundation.
- ▶ CaCFC is a revitalization of the former California Task Force on Family Caregiving (2016-2019) which was established by Assembly Concurrent Resolution (ACR) 38 under, then Assemblymember, Cheryl Brown.
- ▶ Dedicated coalition of caregiver advocates, with open membership, who collaborate on achieving the recommendations of the California Task Force on Family Caregiving, the CA Master Plan for Aging, the 2022 National Strategy to Support Family Caregivers (RAISE Act), and any new opportunities identified by caregiving coalition members.



Caregiver Resource Center of Orange County

St. Jude Community Services
130 West Bastanchury Rd.
Fullerton, CA 92835

Phone (800) 543-8312 or (714) 446-5030

www.caregiveroc.org

Education & Classes:

<http://www.caregiveroc.org/Events-Calendar.aspx> -



Caregiver Support!

Patty Barnett Mouton, MSGc

Vice President, Alzheimer's Orange County



“When we walk to the edge of all the light we have known and take a step into the darkness, we must believe one of two things will happen; there will be something solid to stand upon, or we will be taught to fly.”

anonymous

Impact of Alzheimer's

- ◆ Affects over 6.4 million Americans
- ◆ 84,000 in Orange County (have AD or are at risk)
- ◆ 6th leading cause of death in adults over 65
- ◆ 3rd leading cause of death in Orange County
- ◆ 18 billion hours of unpaid care to people with AD and other dementias
- ◆ 59% of family caregivers rated emotional stress high to very high

Alzheimer's Association. 2022 Alzheimer's Disease Facts and Figures.

Enhanced Caregiver Support

“Access to enhanced caregiver supports is a promising way to moderate the growing economic burden of dementia”

Foldes, S., Long, K., (2014) The Minnesota Economic Model of Dementia: Demonstrating Healthcare Cost Savings with the New York University Caregiver Support Intervention

We Can Help!



- Telephone Support

- Family Care Consultation
- Education and support programs for families and professionals
- Family Orientation
- Caregiver Support Groups
- Adult Day Services/ADHC

- Wandering and Safety education
- Early Stage education, discussion and support groups
- Clinical trials
- Public Policy and Advocacy
- Interfaith Outreach & Services
- Bereavement Support
- Advance Care Planning

Telephone Support

- Disease Education and Caregiver Support
- Medications and treatment options
- Skills to provide quality care
- Strategies to reduce stress and manage lifestyle changes
- Legal, financial and living-arrangement decisions
- Clinical trials of potential treatments
- Medicare and Medi-Cal benefits
- Government Benefits
- Professional and community services
- Home & Community Safety
- Caregiver Action Plan

In a perfect world, families would be having these discussions all the time, well before there is any need or problem, while everyone is in good health and of sound mind.



Alzheimer's | ORANGE COUNTY

Helpline 24/7 Assistance
844-HELP-ALZ (844-435-7259)
www.alzoc.org