



# A G E N D A

## Orange County Senior Citizens Advisory Council

In-Person Meeting  
**July 14, 2023**  
**9:30 A.M.**

[www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)

**Location:**

Easterseals  
1063 McGaw Ave, Suite 100  
Irvine CA 92614

**\*\*In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify the Orange County Community Service office 72 hours prior to the meeting at (714) 480-6450\*\***

**This agenda contains a brief general description of each item to be considered. The Council encourages your participation. If you wish to speak, you may do so during Public Comment. To speak during Public Comment, complete a Speaker Request Form(s) identifying the items and place them in the Speaker Request basket prior to the beginning of the meeting. Once acknowledged and prompted by the Chair, you may begin to speak. Except as otherwise provided by law, no action shall be taken on any item not appearing in the agenda. When addressing the Council, please state your name for the record prior to providing your comments.**

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public who wish to speak on an item(s) may complete a Speaker Request Form(s) identifying the items prior to the beginning of the meeting. To speak on a matter not appearing on the agenda, but under the jurisdiction of this Advisory Council, you may do so during Public Comments. Speaker request forms must be completed prior to the beginning of the meeting, the reading of the individual agenda items and/or the beginning of Public Comments. When addressing the Board, it is requested that you state your name for the record. Address the Board as a whole through the Chair. Comments to individual Members or staff are not permitted. Speakers are limited to three (3) minutes.

Materials/handouts can be requested up to 72 hours in advance of the meeting by visiting <http://www.occommunityservices.org/>.

1. CALL TO ORDER: Chair Gene Hernandez
2. INSPIRATION: Joni Nichols
3. PLEDGE OF ALLEGIANCE: Carol Moore
4. ROLL CALL: Secretary Dave Tetzlaff
5. SECRETARY COMMENTS: Secretary Dave Tetzlaff
  - A. Monthly Senior Service Hours
6. PUBLIC COMMENTS:  
*At this time, members of the public may address the Council regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. (Comments shall be limited to three (3) minutes, unless the Chair pre-identifies a different time at the start of meeting for all public speakers).*
7. INTRODUCTIONS: Chair Gene Hernandez
8. PRESENTATION:

**County's Master Plan for Aging – Older Adults Needs Assessment**

Katie Kalvoda, Advance OC

9. CHAIR ITEMS: Chair Gene Hernandez
  - A. New Business
  - B. Old Business
  - C. Chair Comments
10. OFFICE ON AGING UPDATES: Claudia Harris, Director, Aging and Veterans Services, OCCS
11. STANDING COMMITTEE REPORTS: Vice Chair Meredith Chillemi  
(Report highlights – two (2) minutes per speaker)
  - A. Senior Citizens Engagement Committee – John Pointer
  - B. Wellbeing Reimagined – Rachel Owens
  - C. Housing and Transportation – Crystal Miles
12. SENIOR CENTER LIAISON UPDATE: Patty Mouton
13. PRESENTATION SCHEDULE: Sandy Stang and Barbara Sloate
14. ANNOUNCEMENTS BY SCAC MEMBERS

15. ADJOURNMENT OF MEETING:

**Next SCAC Meeting (In-Person)**

August 11 – 9:30 a.m.

**Upcoming Standing Committee Meetings (In-Person)**

July 17 - 9:30 a.m.

**Senior Citizens Engagement Committee**

July 19 – 1:00 p.m.

**Wellbeing Reimagined**

July 28 – 9:30 a.m.

**Executive Committee**

August 10 - 9:30 a.m.

**Housing and Transportation**

DISCLAIMER: No member of SCAC shall sign a letter or make a statement purported to represent the position of SCAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of SCAC and shall be submitted to the Board for approval. The policy of the Board of Supervisors does not allow SCAC or its Chair to sign a letter of position on any matters pertaining to legislation. SCAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of SCAC.



# OLDER ADULTS NEEDS ASSESSMENT

PREPARED FOR COMMUNITY AUDIENCES



## ABOUT US

- AdvanceOC is a 501c3 nonprofit that exclusively serves the Orange County community.
- Our mission is to close social and health disparities in Orange County.
- We accomplish this by mapping, measuring and tracking 50+ indicators of Social Progress in the community - and -
- Leveraging data and innovative technology to build intersectional partnerships that give rise to community-based, data-driven, and equity-oriented solutions.

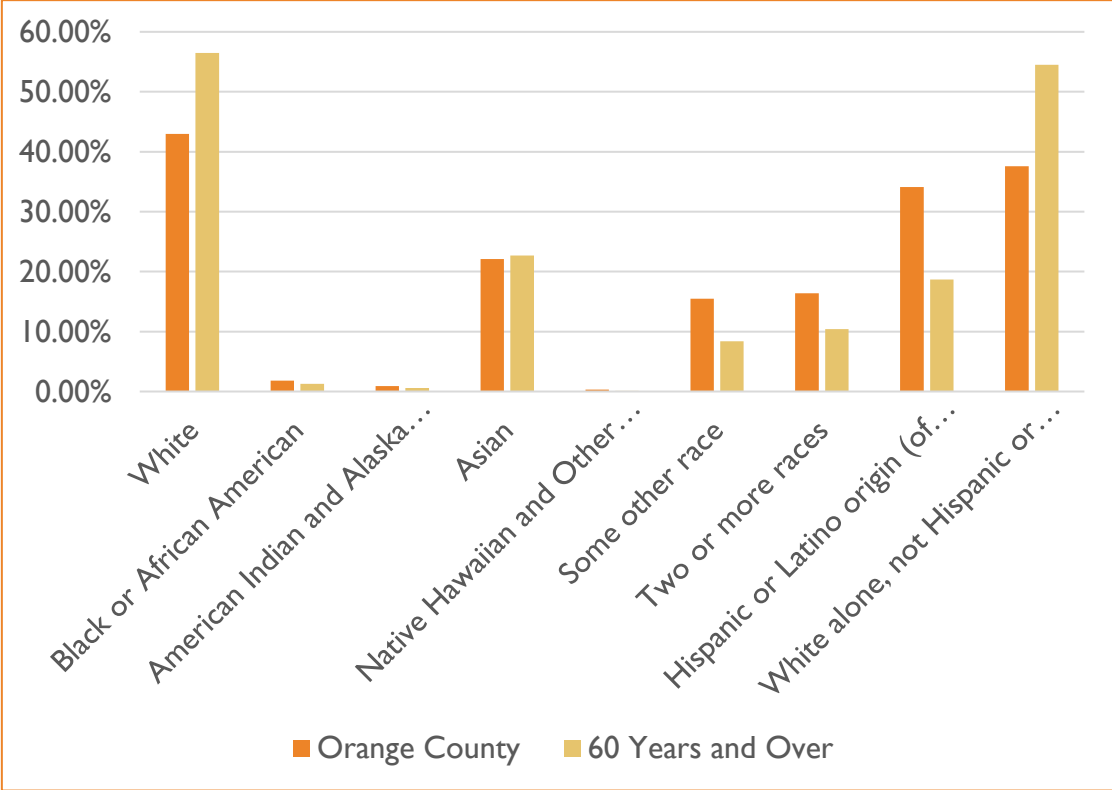
**Community Data for Community Progress**

# ORANGE COUNTY'S OLDER ADULTS

## Orange County, California

	Total	60 years and over
Total population	3,167,809	693,800
<b>SEX AND AGE</b>		
Male	49.60%	46.30%
Female	50.40%	53.70%
Median age (years)	39.2	69.6
<b>RACE AND HISPANIC OR LATINO ORIGIN</b>		
One race	83.60%	89.60%
White	43.00%	56.50%
Black or African American	1.80%	1.30%
American Indian and Alaska Native	0.90%	0.60%
Asian	22.10%	22.70%
Native Hawaiian and Other Pacific Islander	0.30%	0.10%
Some other race	15.50%	8.40%
Two or more races	16.40%	10.40%
Hispanic or Latino origin (of any race)	34.10%	18.70%
White alone, not Hispanic or Latino	37.60%	54.50%

## BY RACE & ETHNICITY



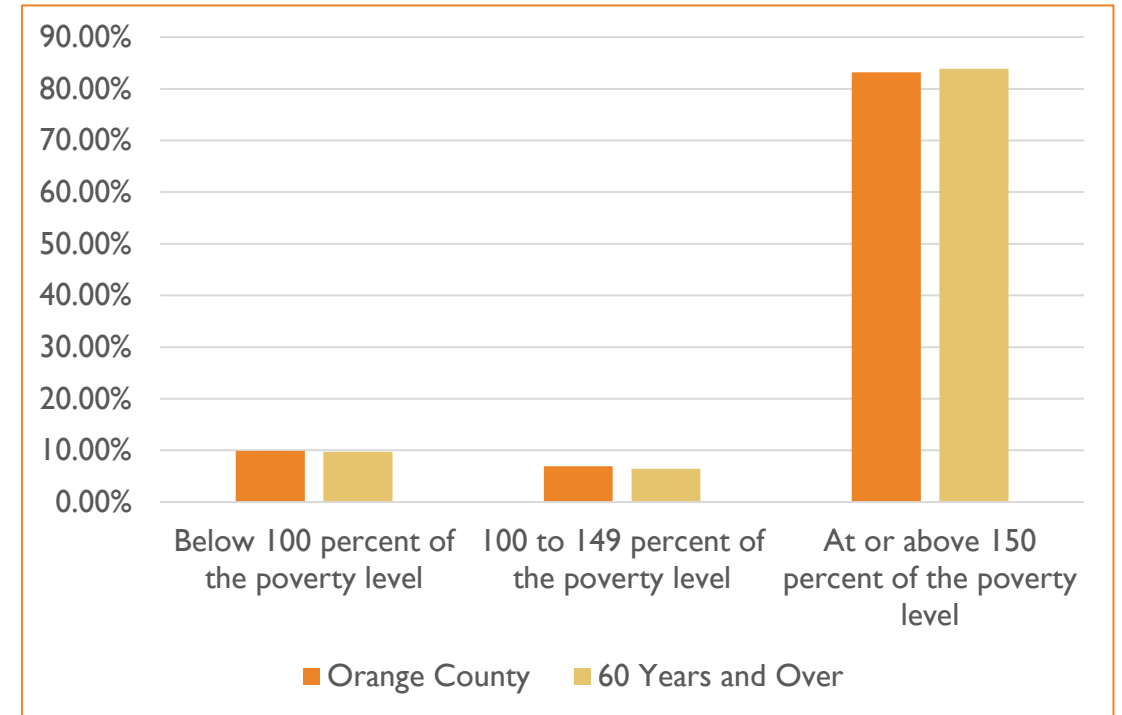
Source: [American Community Survey 2021 Estimates](#)

# ORANGE COUNTY'S OLDER ADULTS

## Orange County, California

	Total	60 years and over
<b>HOUSEHOLDS BY TYPE</b>		
Households	1,077,193	376,001
Family households	70.80%	63.10%
Married-couple family	53.50%	50.80%
Female householder, no spouse present, family	11.70%	9.00%
Nonfamily households	29.20%	36.90%
Householder living alone	21.40%	32.20%
<b>MARITAL STATUS</b>		
Population 15 years and over	2,612,351	693,800
Now married, except separated	50.30%	61.70%
Widowed	4.40%	14.70%
Divorced	8.80%	15.10%
Separated	1.50%	1.50%
Never married	34.90%	7.00%

## POVERTY STATUS IN PAST 12 MONTHS



Source: [American Community Survey 2021 Estimates](#)

\* The federal poverty level is **\$12,760** for an individual (\$26,200 for a family of 4)

# ORANGE COUNTY'S OLDER ADULTS

## Orange County, California

**Total**                      **60 years and over**

### RESPONSIBILITY FOR GRANDCHILDREN UNDER 18 YEARS

Population 30 years and over	1,988,525	693,800
Living with grandchild(ren)	4.40%	8.30%
Responsible for grandchild(ren)	0.80%	1.10%

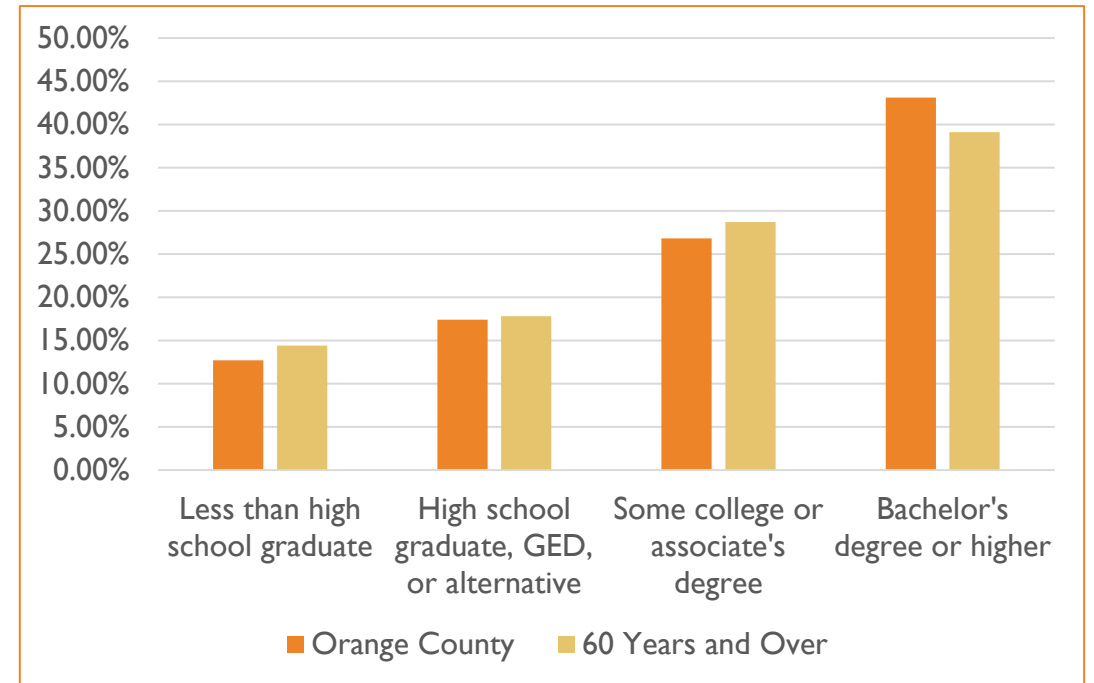
### VETERAN STATUS

Civilian population 18 years and over	2,485,471	693,800
Civilian veteran	3.70%	8.30%

### DISABILITY STATUS

Civilian noninstitutionalized population	3,151,798	688,359
With any disability	8.80%	22.80%
No disability	91.20%	77.20%

## EDUCATION ATTAINMENT



Source: [American Community Survey 2021 Estimates](#)



# ORANGE COUNTY'S OLDER ADULTS

## Top 10 Cities of Older Adult Residents

### Top Cities With Populations of Older Adults (60+)

2020, with percentage changes since 2015

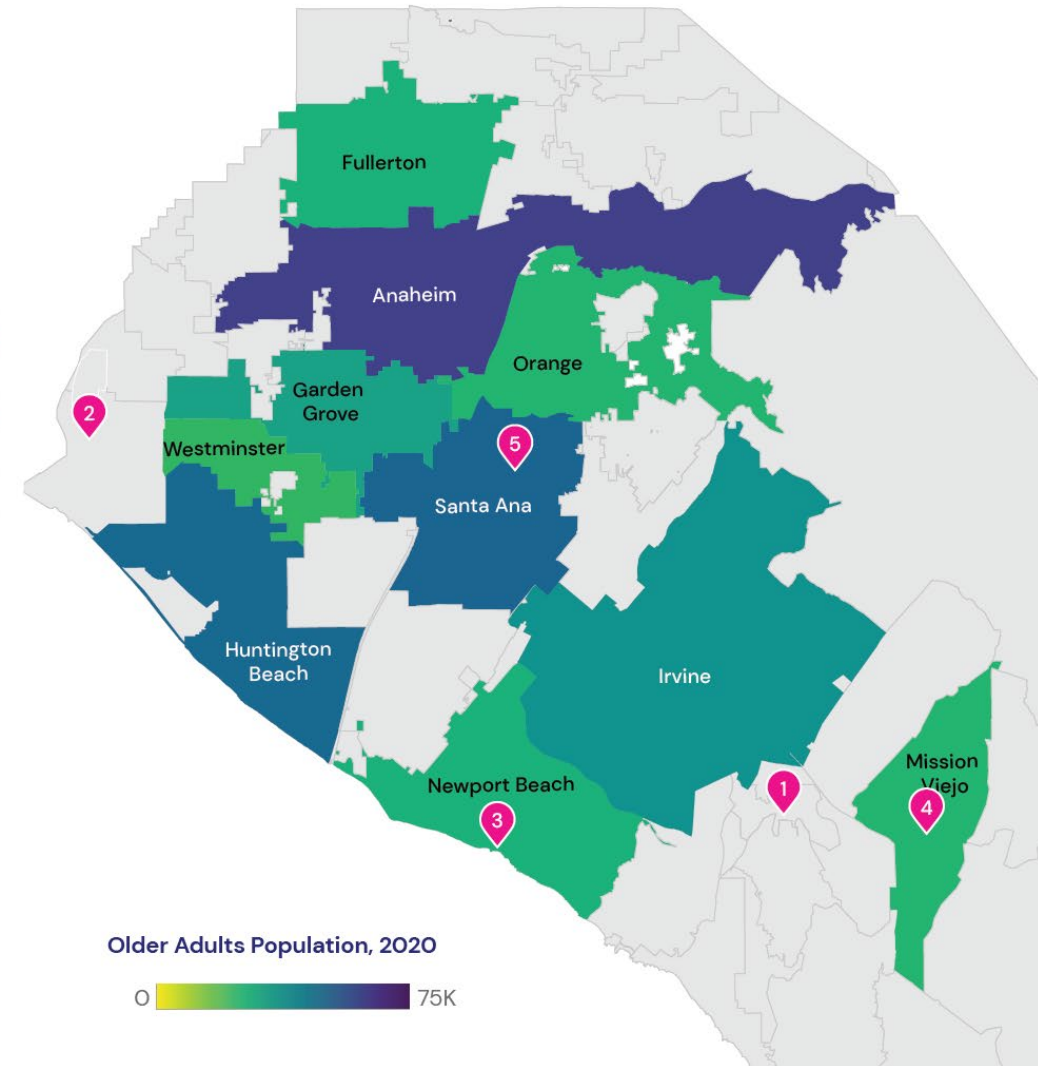
City	2020	City	2020
Anaheim	60,434 +17.7%	Fullerton	27,089 +15.9%
Huntington Beach	49,734 +17.7%	Newport Beach	27,058 +15.1%
Santa Ana	47,240 +28%	Mission Viejo	26,808 +19.8%
Irvine	37,961 +7.9%	Orange	26,714 +17.2%
Garden Grove	35,028 +16.8%	Westminster	21,298 +6.7%

The Older Adults Population in Orange County Increased by 97,761 persons since 2015.

Every top ten city increased in percentage of older adults with the largest increase seen in Santa Ana, Mission Viejo, Anaheim, Huntington Beach and Orange. Median age for the 60+ population is approximately 69 years.

### Geographical Markers

- 1 Laguna Woods Village
- 2 Leisure World
- 3 Oasis Senior Center
- 4 Norman P. Murray Community and Senior Center
- 5 Asian American Senior Citizens Service Center



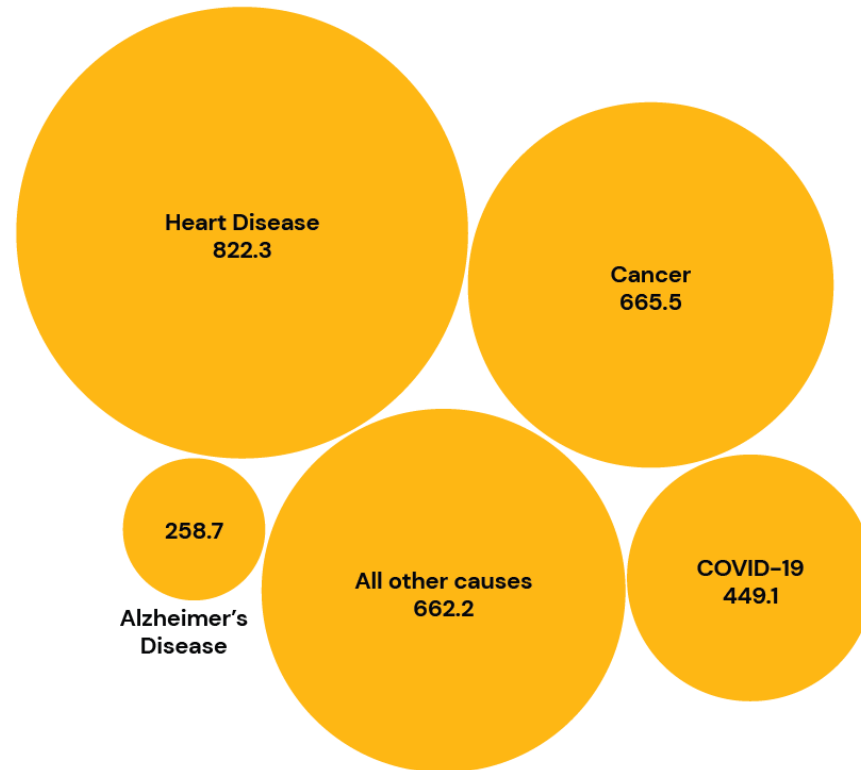
# ORANGE COUNTY'S OLDER ADULTS

## Top 5 Leading Causes of Death Among Older Adults in Orange County

2021, and crude rate per 100,000 older adult population

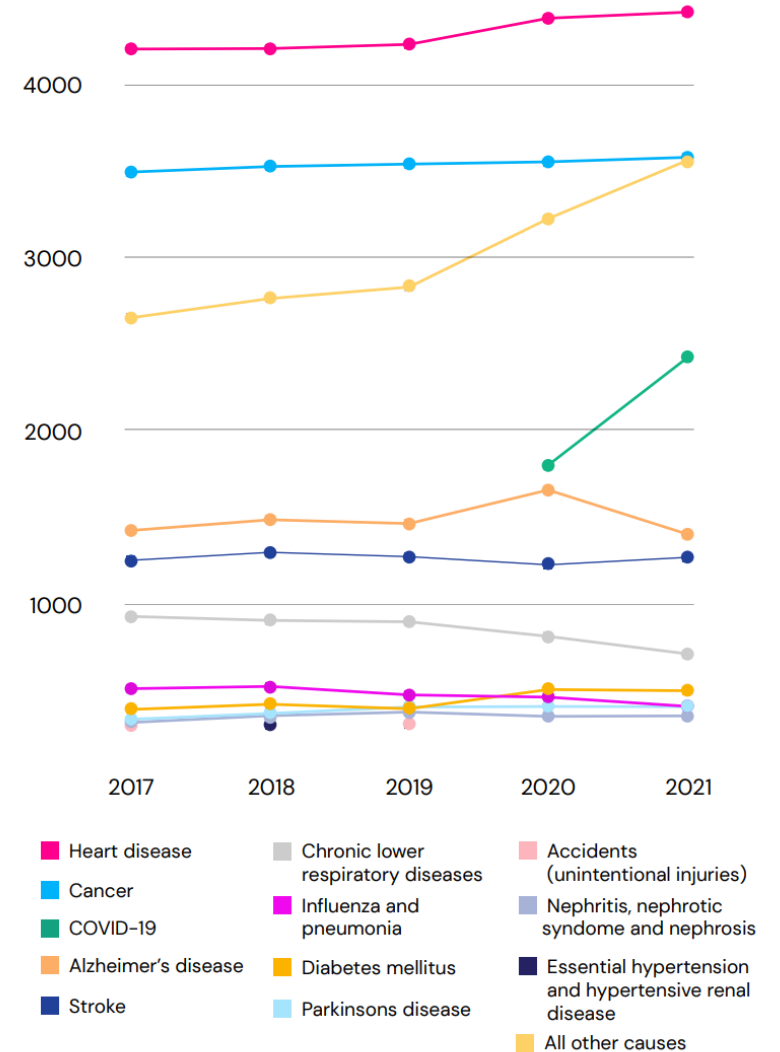
According to the National Institute on Aging, 80% of adults 65 and older have at least one chronic condition, while 68% have two or more.

The 10 most common chronic conditions are: hypertension, high cholesterol, arthritis, coronary heart disease, diabetes, chronic kidney disease, heart failure, depression, Alzheimer's disease and dementia, and chronic obstructive pulmonary disease (COPD).



## Causes of Death

For older adult 65+ in Orange County, 2017-2021



Source: [OC Health Care Agency](#)

# ORANGE COUNTY'S OLDER ADULTS

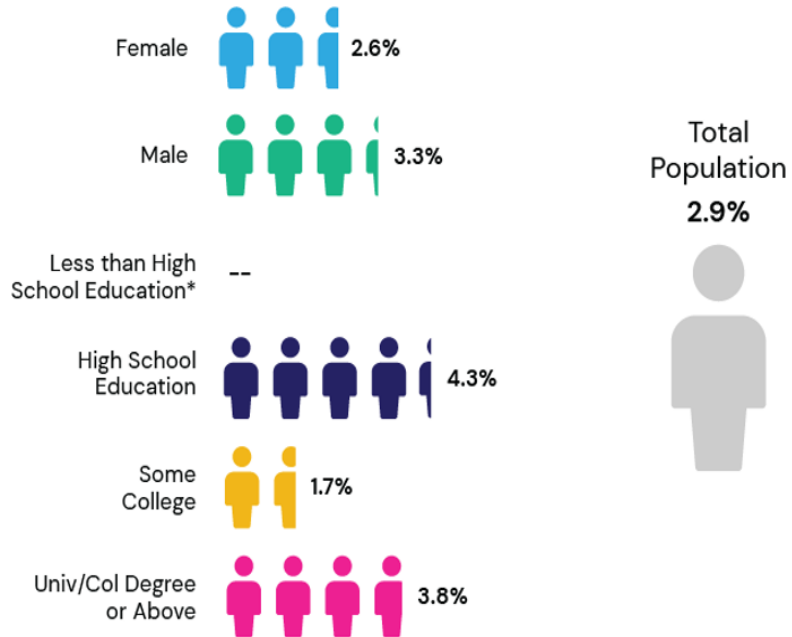
Several studies show the negative effects of loneliness and social isolation on mental health and wellbeing. Loneliness is a source of silent suffering for older adults and can lead to other major risk factors.

According to a 2020 study on social isolation and loneliness, having fewer social connections increases the risk for premature death. This is because isolation increases the risk of cognitive decline, dementia, depression, high blood pressure, and negative health factors.

In 2020, 2.9% of adults aged 60 years or older (approximately 20,000 Orange County residents) reported experiencing psychological distress in the past year. Psychological distress includes feelings of nervousness, hopelessness, restlessness, depression, demotivation, and worthlessness.

## Psychological Distress of OC Adults

Percent of OC Adults Age 60 or Older Who Experienced Psychological Distress in 2020



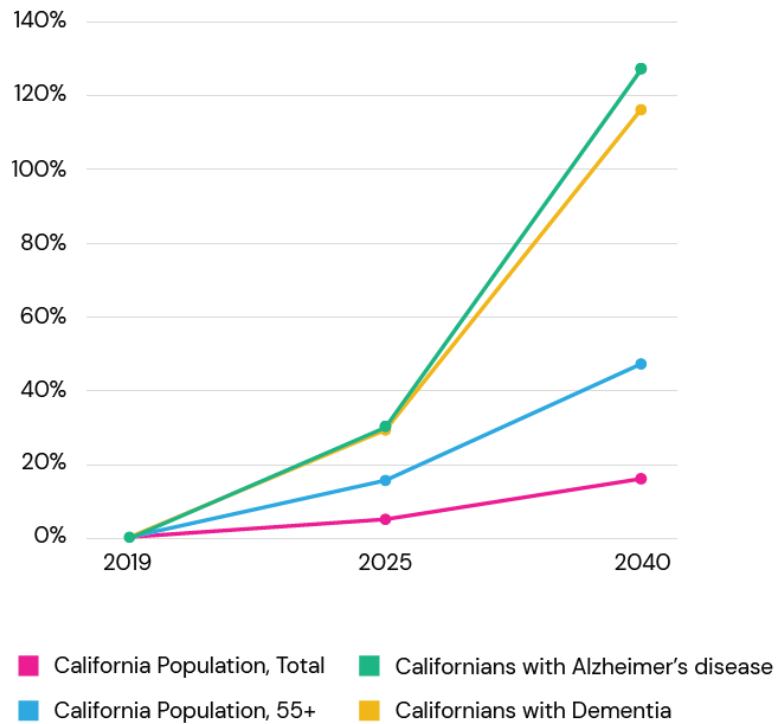
\*Groups with 500 members or less were excluded.

Source: [Let's Get Healthy California](#)

# ORANGE COUNTY'S OLDER ADULTS

## Estimated Percent Increase in Dementia or Alzheimer's Disease

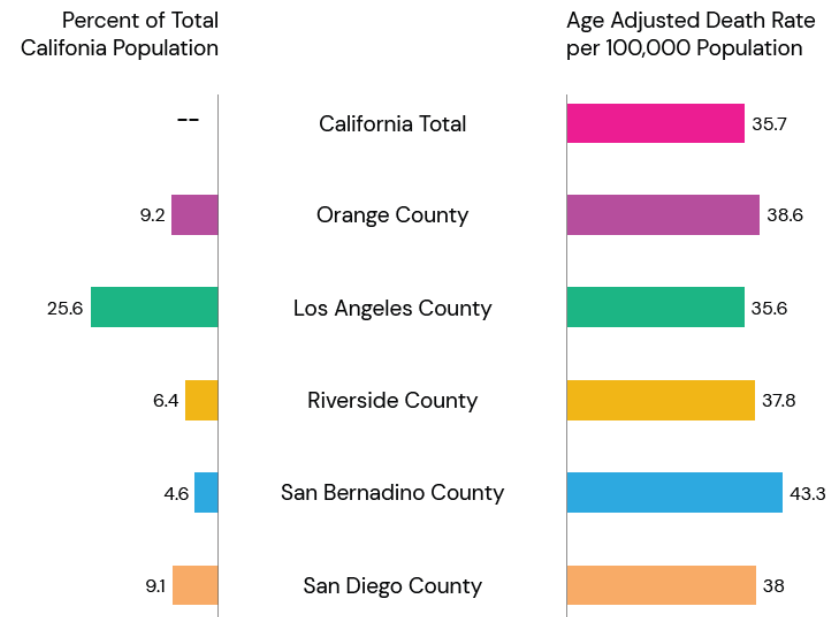
Population of California and in Californians Age 55+



Source: [2021 Alzheimer's Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections](#)

## Three-Year Average Number of Alzheimer's Disease Deaths in California Counties

2015–2017



Source: [2021 Alzheimer's Disease and Related Dementias Facts and Figures in California: Current Status and Future Projections](#)



Housing for All Stages & Ages →



Health Reimagined →



Inclusion & Equity, Not Isolation →



Caregiving That Works →



Affording Aging →

Strategy A: More Housing Options  
Strategy B: Transportation Beyond Cars  
Strategy C: Outdoor & Community Spaces for All Ages  
Strategy D: Emergency Preparedness & Response  
Strategy E: Climate-Friendly Aging

Strategy A: Bridging Health Care with Home  
Strategy B: Health Care as We Age  
Strategy C: Lifelong Healthy Aging  
Strategy D: Geriatric Care Expansion  
Strategy E: Dementia in Focus  
Strategy F: Nursing Home Innovation

Strategy A: Inclusion and Equity in Aging  
Strategy B: Bridging the Digital Divide  
Strategy C: Opportunities to Work  
Strategy D: Opportunities to Volunteer and Engage  
Strategy E: Protection from Abuse, Neglect & Exploitation  
Strategy F: California Leadership in Aging

Strategy A: Family & Friends Caregiving Support  
Strategy B: Good Caregiving Jobs Creation  
Strategy C: Virtual Care Expansion

Strategy A: End Homelessness for Older Adults  
Strategy B: Income Security as We Age  
Strategy C: Protection from Poverty & Hunger



Are you 60 years or older or **CARING** for someone 60 years+?

The County of Orange has partnered with Advance OC to conduct a comprehensive, countywide healthy aging assessment that will help guide the development of Orange County's Master Plan for Aging.

60+

Find out more about it and how you can get involved at [www.advanceoc.com/olderadults](http://www.advanceoc.com/olderadults)



Sign up to get updates by emailing [info@advanceoc.com](mailto:info@advanceoc.com) or by calling (949) 415-6898



Questions?  
949-415-6898 | [info@advanceoc.com](mailto:info@advanceoc.com) | [www.advanceoc.com/olderadults](http://www.advanceoc.com/olderadults)



## PROJECT TEAM

- Katie Kalvoda, Project Manager
- Casey Dorman PhD, Lead Research Advisor
- Curt Condon PhD, Analytics
- Torhon Barnes, Director of Strategic Partnerships
- Tammy Peng Esq., Director of Operations
- Katie Tran MPA, Director of Outreach
- Elsy Salcedo, MPH, Project Analyst
- Mary Zhuang, Research Associate
- USC and UCI Public Health and Data Science Student Interns



## KEY ASSESSMENT INSTRUMENTS

### Stakeholder Interviews

Key informant interviews will convey the landscape, raise issues and concerns, identify key populations of need and gaps in service. This feedback will shape questions in the community and provider surveys and identify key populations for focus group analysis.



### Community & Provider Surveys

Informed by stakeholder interviews, community and provider surveys will drill down into aforementioned areas of concern from the dual perspectives of being the recipient of care and the provider of care.



### Focus Groups & Town Halls

Focus groups will be used to supplement qualitative primary data collection by probing further and asking for specific examples and lived experience. Town halls serve a similar role but will cover a wider audience.

# UPDATED PROJECT TIMELINE

**March  
29, 2023**

Older Adults  
Needs  
Assessment  
Kickoff

**July - Aug  
2023**

Provider Survey  
Hired  
Professionals

**Sept – Feb  
2024**

Community Survey,  
Caregiver Survey  
and Community  
Town Halls

**Feb 29,  
2024**

Final Report

**April -  
May  
2023**

Stakeholder  
Interviews

**July – Sept  
2023**

Small Focus  
Groups  
(21 Priority  
Populations)

**Oct –  
Feb 2024**

Focus Groups  
(Issues)







## PARTNERSHIP WITH YOU

1. Community Town Halls / Resource Fair
  - Tuesdays & Thursdays (September to November)
  - Four Town Halls in Each Supervisory District (20 total)
  - Approximately 100 – 250 people
  - Resource tables for county, city and nonprofits
2. Meet & Greets at Local Events
3. Engagement at Senior Centers
4. Local flyers and Newsletters
5. Social Media Outreach

Please contact Torhon Barnes, [torhon@advanceoc.com](mailto:torhon@advanceoc.com)