



## A G E N D A

Senior Citizen Advisory Council  
**WELLBEING REIMAGINED COMMITTEE**

**July 19, 2023**  
**1:00 PM**

**Location:**

Office on Aging  
1300 S. Grand Ave., Bldg. B, (entrance level conference room)  
Santa Ana, CA 92705

[www.officeonaging.ocgov.com](http://www.officeonaging.ocgov.com)

**\*\*In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify the Orange County Community Service office 72 hours prior to the meeting at (714) 480-6450\*\***

**This agenda contains a brief general description of each item to be considered. The Council encourages your participation. If you wish to speak you may do so during Public Comment. To speak during Public Comment complete Speaker Request Form(s) identifying the items and place them in the Speaker Request basket prior to the beginning of the meeting. Once acknowledged and prompted by the Chair, you may begin to speak. Except as otherwise provided by law, no action shall be taken on any item not appearing in the agenda. When addressing the Council, please state your name for the record prior to providing your comments.**

This agenda contains a brief description of each item to be considered. Except as provided by law, no action shall be taken on any item not appearing in the agenda. Members of the public that wish to speak on an item(s) may complete Speaker Request Form(s) identifying the items prior to the beginning of the meeting. To speak on a matter not appearing in the agenda, but under the jurisdiction of this Advisory Council, you may do so during Public Comments. Speaker request forms must be presented prior to the beginning of the meeting, the reading of the individual agenda items and/or the beginning of Public Comments. When addressing the Board, it is requested that you state your name for the record. Address the Board as a whole through the Chair. Comments to individual Members or staff are not permitted. Speakers are limited to three (3) minutes.

Materials/handouts can be requested up to 72 hours in advance of the meeting by visiting <http://www.occommunityservices.org/>. In compliance with the Americans with Disabilities Act, those requiring accommodation for this meeting should notify the Orange County Community Service office 72 hours prior to the meeting at (714) 480-6450.

Wellbeing Reimagined Committee Mission Statement "Wellness enabled by communication, inspired by our service to OC's seniors"	
<b>Goal 1</b>	<b>Wellbeing Reimagined Committee members will advocate for communicating the availability of resources to the senior community.</b>  <b>Objective:</b> Focus on communicating availability of, and access to, various resources for Orange County older adults.
<b>Goal 2</b>	<b>To advocate for increased access to technology and promote the use of technology among seniors.</b>  <b>Objective:</b> To research ways in which the Committee can advocate for increased access to technology and encourage the use of technology among older adults.

1. CALL TO ORDER: Chair Rachel Owens
2. PLEDGE OF ALLEGIANCE: Sue Langley
3. ROLL CALL: Ann Mudry
4. PUBLIC MATTERS:  
*At this time, members of the public may address the Council regarding any items within the subject jurisdiction, provided that no action is taken on off-agenda items unless authorized by law. (Comments shall be limited to three (3) minutes, unless the Chair pre-identifies a different time at the start of meeting for all public speakers).*
5. PRESENTATION:

**Overview of Silver Sneakers Programs and  
Support for Healthy Living**  
David Postar, Manager, Tivity Health

6. CHAIR ITEMS:
  - A. New Business
  - B. Old Business
7. ANNOUNCEMENTS & ROUNDTABLE DISCUSSION: All members
8. ADJOURNMENT:

NEXT MEETING:  
In-Person  
August 16, 2023 - 1:00PM

DISCLAIMER: No member of SCAC shall sign a letter or make a statement purported to represent the position of SCAC as a body. Letters or verbal statements of support or opposition on any issue shall only be made or signed by the Chair of SCAC and shall be submitted to the Board for approval. The policy of the Board of Supervisors does not allow SCAC or its Chair to sign a letter of position on any matters pertaining to legislation. SCAC members may write personal letters or speak as individuals stating personal positions but may not do so as representing the position or opinion of SCAC.