

# **SENIOR CENTERS**

#### **Orange County Office on Aging**

1300 South Grand Avenue, Building B, 2nd Floor Santa Ana, CA 92705 (800) 510-2020 or (714) 480-6450

These centers are intended as referrals only. Inclusion does not imply endorsement or recommendation of any provider nor does an omission of a provider indicate disapproval.

# **SENIOR/COMMUNITY CENTERS**

#### **DESCRIPTION:**

Senior/Community Centers act as a focal point for Older Americans to receive many aging services. They are a vital part of the aging network and provide a variety of programs and services to help seniors maintain their functionality, independence, and vitality. Most senior centers are free to attend; however, there may be cost associated with certain services, activities, and/or programs being offered at the centers. Senior/Community Centers provide a secure and caring environment for senior citizens.

#### **PROGRAM SERVICES:**

Senior/Community Center program services include arts and humanities activities, educational opportunities, counseling and support groups, volunteer opportunities, leisure travel programs, and health and wellness programs. Some Senior/Community Centers also offer meals, help with financial and medical paperwork, case management, legal support, transportation, shopping trips, outings, friendship, and other services specifically for seniors.

#### **OFFICE ON AGING**

Information and Assistance for Older Adults,

**Caregivers and Persons with Disabilities** 

1-800-510-2020 or 714-480-6450

Revised: 2024

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Aliso Viejo	Aliso Viejo Recreation & Community Services 100 Park Ave. Aliso Viejo 92656 website: https://avcity.org/162/Recreation- Community-Services	949-425-2550	Transportation, Recreational Classes, and important resources
	Anaheim Senior Citizens Center (Downtown) 250 E. Center Anaheim 92805 website: www.anaheim.net	714-765-4510	Information and referral, limited transportation, food/nutrition, outreach, tax assistance, employment
Anaheim	Community Action Partnership of OC (Anaheim Independencia Senior Center) 10841 Garza Anaheim 92804 website: www.capoc.org	714-826-9070	Information and referral, limited transportation, congregate meals, outreach, tax assistance, employment and other programs
	Brookhurst Community Center 2271 West Crescent Anaheim 92801 website: www.anaheim.net	714-765-3373	Education/activities, food/nutrition and transportation
	East Community Center 8201 E. Santa Ana Canyon Rd Anaheim 92808 website: www.anaheim.net	714-765-3904	Food/nutrition and transportation

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Brea	Brea Senior Center 500 S. Sievers Avenue Brea 92821 website: www.cityofbrea.net	714-990-7750	Case Management, education, food/nutrition, medical equipment and local transportation
Buena Park	Ehlers Community Center Buena Park Senior Center 8150 Knott Avenue Buena Park 90620 website: www.buenapark.com	714-236-3870	Recreational activities, senior housing, medical trasportation, lunch programs, driving training
Corona del Mar	Oasis Senior Center 801 Narcissus Avenue Corona del Mar 92625 website: www.newportbeachca.gov	949-644-3244	Senior lunch program, home delivered meals, tax assistance, Medicare counseling,exercise and art classes, health & wellness and local transportation
Costa Mesa	Costa Mesa Senior Center 695 West 19th Street Costa Mesa 92627 website: www.costamesaca.gov	714-327-7550	Health and wellness classes, recreation, social services, delivered meals, case management, and local transportation
Cypress	Cypress Senior Citizens Center 9031 Grindlay Cypress 90630 website: www.cypressca.org	714-229-6670	Education/activities, food/nutrition, special events, forums, health screenings, tax services, and support groups
Dana Point	Dana Point Senior Center 34052 Del Obispo Dana Point 92629 website: www.danapoint.org	949-496-4252	Senior lunch program, home delievered meals,Case Management, Information and referral, limited transportation, outreach, tax assistance, and other programs

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Fountain Valley	Fountain Valley Senior Center 17967 Bushard Street Fountain Valley 92708 website: www.fountainvalley.org	714-593-4446	Fitness, education, recreation, social events and human services
Fullerton	Fullerton Senior Multiservice Center 340 West Commonwealth Fullerton 92832 website:http://fullertoncommunitycenter.com	714-738-6575	Education/activities, food/nutrition, and transportation
	H. Louis Lake Senior Center 11300 Stanford Avenue Garden Grove 92840 website: www.ggcity.org	714-741-5253	Education/activities, food/nutrition and transportation
Garden Grove	Korean American Seniors Association of O.C. 9884 Garden Grove Blvd. Garden Grove 92844 website: www.directionus.com/ca/garden- grove/koreanamerican-seniors-associates-of- orange-county.html	714-530-6705	Education/activities, food bank and transportation
Huntington Beach	Senior Center In Central Park 18041 Goldenwest St. Huntington Beach 92648 website: www.huntingtonbeachca.gov/residents/human _services/senior_services.cfm	714-536-5600	Recreation, socialization, food/nutrition, volunteer opportunities, case management, travel, fitness, and wellness services

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Irvine	Lakeview Senior Center 20 Lake Road Irvine 92604 website: www.irvineseniors.org	949-724-6900	Education/activities, food/nutrition and transportation
	Rancho Senior Center 3 Ethel Coplen Way Irvine, CA 92612 website: www.irvineseniors.org	949-724-6800	Rose Garden Café, Fitness Center, Games/Activities
	Trabuco Center 5701 Trabuco Road Irvine, CA 92620 website: www.irvineseniors.org	949 724-7300	Fitness Center, Games/Activities
La Habra	La Habra Community Center 101 West La Habra Blvd. La Habra 90631 website: www.lahabracity.com	562-383-4000	Education/activities, food/nutrition and transportation
La Palma	La Palma Recreation & Community Center 7821 Walker Street La Palma 90623 website: www.cityoflapalma.org	714-690-3350	Education/activities, and food/nutrition

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Laguna Beach	Laguna Beach Seniors 380 Third Street Laguna Beach 92651 website: www.TheSusiQ.org	949-464-6645	Senior lunch program, Educational classes/activities, care management and one on one/group therapy. Specific programs include: Feeling the Blues, Caregiver Support Group, Grief/Loss, Heart to Heart/Healing Grief thru HeArt, and a club for the senior LGBT population
Laguna Hills	Florence Sylvester Senior Center 23721 Moulton Parkway Laguna Hills 92653 website: www.myagewell.org	949-380-0155	Senior lunch program, home delivered meals, Case Management, health & wellness programs, Education/activities, food/nutrition classes and transportation
Laguna Niguel	Sea Country Senior & Community Center 24602 Aliso Creek Road Laguna Niguel 92677 website: www.cityoflagunaniguel.org	949-425-5151	Senior Lunch program, home delivered meals, Case Management, Fitness, education, recreation, social events tax assistance, and transportation
Laguna Woods	Laguna Woods Villiage Community Center 24351 El Toro Rd Laguna Woods, CA 92637 website: https://lagunawoodsvillage.com/	949-597-4600	Education, Activities, Fitness/Sports, Recreation
Lake Forest	City of Lake Forest Senior Center 100 Civic Center Drive Lake Forest 92630 website: www.lakeforestca.gov	949-461-3400	Education/activities, clubhouse and transportation

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Los Alamitos	Los Alamitos Recreation & Community Services 10911 Oak Street Los Alamitos 90720 website: www.cityoflosalamitos.org	562-430-1073	Home-delivered meals, tax assistance, medicare assistance, and food/nutrition
Midway City	Midway Community Center 14900 Park Lane Midway City 92655 website: www.abrazarinc.com	714-898-0203	Education/activities, and food/nutrition
Mission Viejo	Norman P. Murray Community & Senior Center 24932 Veterans Way Mission Viejo 92692 website: www.cityofmissionviejo.org	949-470-3062	Senior lunch program, home delivered meals, Case Management, Education/activities, and transportation
Newport Beach	Oasis Senior Center 801 Narcissus Ave Corona del Mar, 92625 www.newportbeachca.gov/government/depart ments/recreation-senior-services/senior- services-oasis-senior-center	949-644-3244	Education, Activities, Fitness/Sports, Recreation
Orango	El Modena Community Center 18672 East Center Street Orange 92869 website: www.capoc.org	714-532-3595	Education/activities, food/nutrition
Orange	The Friendly Center 147 W. Rose Avenue Orange 92866 website: www.friendlycenter.org	714-771-5300	Education/activities, and food/nutrition

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Orange	Orange Senior Center 170 South Olive Street Orange 92866 website: www.orangeseniorcenter.org	714-538-9633	Education/Leisure activities, food/nutrition,volunteer services, case management, and transportation
Placentia	Placentia Senior Center 143 S. Bradford Avenue Placentia 92870 website: www.placentia.org	714-986-2332	Education/activities, food/nutrition and transportation
Rancho Santa Margarita	Bell Tower Regional Community Center 22232 El Paseo Rancho Santa Margarita 92688 website: www.cityofrsm.org	949-216-9700	Senior lunch program, home delivered meals, Education/activities, and transportation
San Clemente	Dorothy Visser Senior Center San Clemente 117 Avenida Victoria San Clemente 92672 website: www.san-clemente.org	949-498-3322	Senior lunch program, home delivered meals, Case Mangement,Education/activities, and transportation
San Juan Capistrano	San Juan Capistrano Community Center 25925 Camino del Avion San Juan Capistrano 92675 website: www.sanjuancapistrano.org	949-493-5911	Exercise, computer classes, legal/elder law services, HICAP, day trips, tax preparation, safe driving courses, a flu shot clinic, free health screenings, support groups, monthly socials, games, a library, food/nutrition, and transportation

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
	Asian American Senior Citizens Service Center 850 N. Birch Street Santa Ana 92701 website: www.aascsc.org	714-560-8877	Education/activities, senior meal delivery, and health screenings
Santa Ana	Santa Ana Senior Center 424 West 3rd Street Santa Ana 92701 website: www.santa-ana.org/santa-ana-senior- center/	714-647-6540	Education/activities, food/nutrition and transportation
	Southwest Senior Center 2201 West McFadden Avenue Santa Ana 92704 website: www.santa-ana.org/southwest-senior- center	714-647-5306	Case management, education/activities, food/nutrition

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Seal Beach	Seal Beach Senior Center 707 Electric Avenue Seal Beach 90740 website: www.sealbeachca.gov	562-431-2527	Education/activities, and transportation
Seal Deach	North Seal Beach Senior Center 3333 St. Cloud Drive Seal Beach 90740 website: www.sealbeachca.gov	562-430-6079	Food/nutrition and transportation
Stanton	Stanton Senior Center 7800 Katella Avenue Stanton 90680 website: www.ci.stanton.ca.us	714-379-9222	Information and referral, limited transportation, tax assistance, and food/nutrition
Tustin	Tustin Area Senior Center 200 S. "C" Street Tustin 92780 website: www.tustinca.org	714-573-3340	Couseling services, education/activities, food/nutrition, and transportation
Westminster	Abrazar Senior Center 7101 Wyoming Westminster 92683 website: www.abrazarinc.com	714-893-3581	Couseling services, education/activities, food/nutrition, and transportation
	Westminster Senior Center 8200 Westminster Blvd. Westminster 92683 website: www.westminster-ca.gov	714-895-2878	Education/activities, food/nutrition and transportation

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Yorba Linda	Yorba Linda Senior Center 4501 Casa Loma Yorba Linda 92886 website: www.yorbalindaca.gov	714-961-7181	Education/activities, food/nutrition, and transportation