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## ORANGE COUNTY OLDER ADULTS ADVISORY COMMISSION

The Orange County (OC) Older Adults Advisory Commission (OAAC) advises the County on matters affecting older adults in OC. OAAC comprises 40 volunteer members, including local elected officials, healthcare professionals, supportive service providers, community leaders, and the general public.

OAAC hosts a monthly presentation during commission meetings to share information on services and resources for older adults, people with disabilities, and caregivers.

### HELPING OLDER ADULTS THRIVE THROUGH VIRTUAL CLASSES RECAP: APRIL 11, 2025

GetSetUp is an easy-to-use online platform created for older adults. Classes are led by peers—older adults who understand your interests and learning style. You'll find live, interactive classes on topics like using technology, staying active, supporting mental wellness, and building social connections. With over 40 classes offered daily and 24/7 access, you can learn on your schedule and connect with a global community of more than 650,000 older adult learners.

**More information:** [getsetup.io/partner/OC](https://getsetup.io/partner/OC)

**Listen to the presentation here:** [bit.ly/oc-oaac](https://bit.ly/oc-oaac)

### JOIN OAAC

The Commission meets at 9:30 a.m. on the second Friday of each month, except in July and December, at Easterseals (1063 McGaw Ave. #100, Irvine). Everyone is welcome and encouraged to attend!

For more information or to join the Commission, visit [bit.ly/oc-oaac](https://bit.ly/oc-oaac).

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