



OC OFFICE ON AGING

Monthly Newsletter

JUNE 2025

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

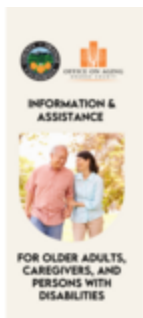
 **Email:** AreaAgencyOnAging@occr.ocgov.com

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

UPCOMING COMMUNITY EVENTS



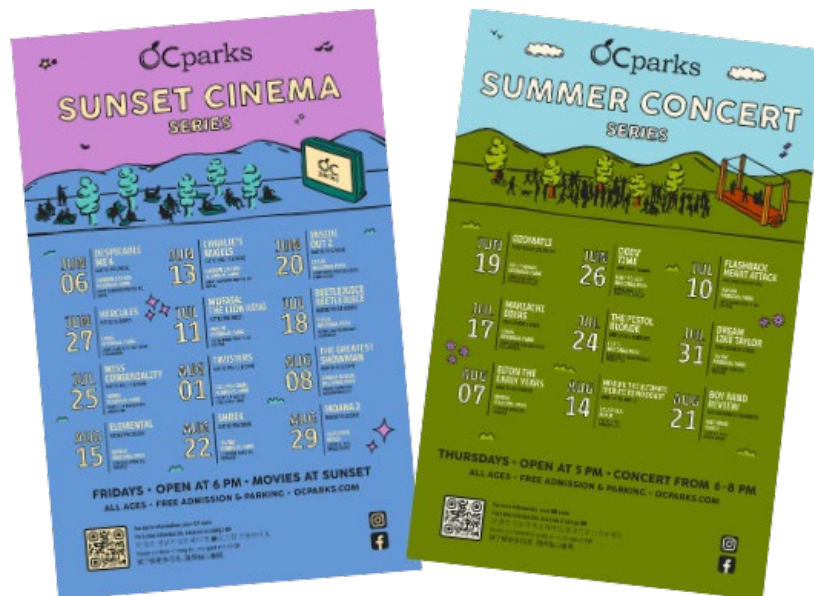
Independence Day Events

About: The Fourth of July honors the bravery and sacrifice of those who have served to protect our nation's freedom. Celebrate with parades, barbecues, and time with family and friends!

When: July 4, 2025

Where: Various cities in Orange County

Find an Independence Day event near you: bit.ly/OCJuly4Events



OC Parks 2025 Summer Concert & Sunset Cinema Series

About: OC Parks presents the 2025 Summer Concert Series and Sunset Cinema film series. Enjoy free, family-friendly concerts and movie nights in regional parks across Orange County.

When: June 6 through August 29, 2025

Where: Various OC Parks locations

More information: [OC Parks 2025 Summer Series](https://www.ocparks.com/summer-series)

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

RESOURCE SPOTLIGHT



Stay Safe in the Heat: Orange County Cooling Center Directory

Older adults are more at risk for heat-related illnesses due to age, chronic health conditions, and some medications that make it harder to stay cool. High temperatures can cause dehydration, heat exhaustion, or heat stroke.

Visit a cooling center near you when temperatures rise: [OC Cooling Centers](#)

Get more tips to stay cool: [HeatReadyCA.com](https://www.heatreadyca.com)

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
 - **When:** August 8, 2025, at 9:30 a.m.
 - **Where:** 1063 McGaw Ave., Ste. 100, Irvine, CA 92614
- **Executive Committee Meeting**
 - **When:** August 22, 2025, at 9:30 a.m.
 - **Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit officeonaging.ocgov.com for more information and to download an application.

Please Note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on May 2025 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

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