



OC OFFICE ON AGING

Monthly Newsletter


JULY 2025

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

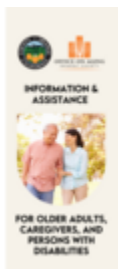
 **Email:** AreaAgencyOnAging@occr.ocgov.com

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

Office on Aging Receives 2025 NACo Award for Intergenerational Activities Program



The Office on Aging has been recognized with a National Association of Counties (NACo) Achievement Award in the Human Services category for the Intergenerational Activities Program – Connecting Older and Younger Generations. This program connects older and younger generations through activities like storytelling and arts and crafts, fostering meaningful relationships and reducing social isolation among older adults.

Contact the OC Office on Aging's Information and Assistance at (714) 480-6450 to get connected with helpful services.

UPCOMING COMMUNITY EVENTS



ZOOM EDUCATIONAL CLASSES

Understanding & Responding to Dementia-Related Behaviors

- **About:** Learn a four-step model to manage common dementia behaviors by identifying triggers and assessing needs. Professionals will share strategies for safe, comfortable care in mid-stage Alzheimer's.
- **When:** August 6, 2025, at 6 p.m. to 7 p.m.
- **Where:** Online
- **Register:** [Understanding & Responding to Dementia-Related Behaviors](#)

Effective Communication Strategies

- **About:** Learn to understand and connect with someone with Alzheimer's or other dementias through their words and actions.
- **When:** August 20, 2025, at 5:30 p.m. to 6:30 p.m.
- **Where:** Online
- **Register:** [Effective Communication Strategies](#)

Legal & Financial Planning Workshop

- **About:** Learn about vital legal and financial steps, how to implement your plans, and where to find local support and resources.
- **When:** August 22, 2025, at 12:30 p.m. to 3:30 p.m.
- **Where:** Online
- **Register:** [Legal & Financial Planning Workshop](#)

Dementia Caregiver Education Series 2025

To benefit caregivers and those they love

Are You Equipped?

How to thrive and not merely survive


Join Dr. Trinh in a lively and interactive lecture.
The topic for the 4th Annual Series is

"Alzheimer's Early Detection and Prevention Strategies"

Vendor Health Fair
Light refreshments
Opportunity drawings
And more!




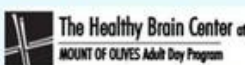
Doors open at 8:00

**3 CEU's available courtesy of
Healthcare Christian Fellowship**



**Dr. Dung Trinh, Chief Medical Officer Healthy Brain Clinic,
Board of Director Alzheimer's Orange County**

Dr. Trinh is a well-known expert and speaker sharing strategies on preventive health which includes early detection as it applies to brain health. His expertise combined with a warm and familiar style makes him a sought after speaker. He has been awarded the Orange County Physician of Excellence Award for many years. Dr. Trinh is also passionate in his desire to lead medical teams to third world countries to provide free medical care through his non-profit organization "TongueOut".




Conference Location:
Mount of Olives Adult Day Program
24772 Chrisanta Drive
Mission Viejo

You can also register by calling 949.581.3800 or emailing: adpinfo@moochurch.org

**August
9th**
9:00am-11:30am

FREE EVENT
**Scan here to
register**



Alzheimer's Early Detection and Prevention Strategies

- **About:** Dr. Trinh is an award-winning expert and speaker on preventive brain health and early detection. Experience an interactive lecture led by Dr. Trinh.
- **When:** August 9, 2025, at 9 a.m. to 11:30 a.m.
- **Where:** 24772 Chrisanta Mission Viejo, CA 92691
- **RSVP:** adpinfo@moochurch.org or (949) 581-3800.

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

RESOURCE SPOTLIGHT



Southern California Edison Medical Baseline Allowance Program

Southern California Edison (SCE) offers several resources tailored for older adults, including the Medical Baseline Allowance Program, which provides additional electricity at a lower rate for those who rely on medical devices. They also have enhanced support for customers with disabilities and medical conditions, especially during emergencies like Public Safety Power Shutoffs (PSPS).

For more information and to apply, visit [Southern California Edison Medical Baseline Allowance Program](#).

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging on matters affecting older adults in Orange County. You are Invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**

- When: Friday, August 8, 2025 at 9:30 a.m.
Where: 1063 McGaw Ave., Ste. 100, Irvine, CA 92614

- **Executive Committee Meeting**

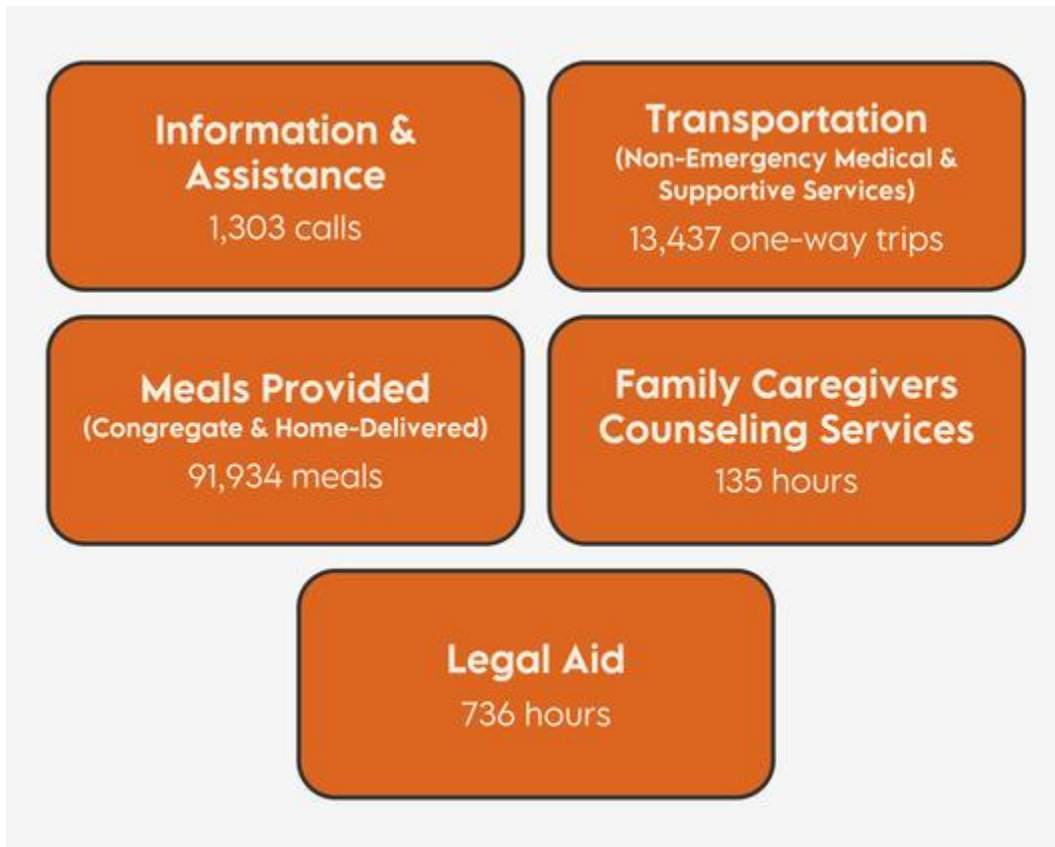
- When: Friday, August 22, 2025 at 9:30 a.m.
Where: 1300 S. Grand Ave., Bldg. B, Santa Ana, CA 92705

OAAC currently has vacancies. If you are interested in joining, please visit officeonaging.ocgov.com for more information and to download an application.

Please Note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on June 2025 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

 [Facebook](#): @OCOoA

 [Instagram](#): @oc_ooa