



# OC OFFICE ON AGING

## Monthly Newsletter


### SEPTEMBER 2025

#### WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** [officeonaging.ocgov.com](https://officeonaging.ocgov.com)

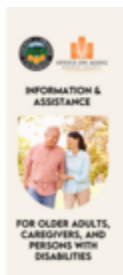
 **Email:** [AreaAgencyOnAging@occr.ocgov.com](mailto:AreaAgencyOnAging@occr.ocgov.com)

 **Phone:** (714) 480-6450



#### Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



#### Updated Office on Aging Brochure

We have refreshed our Information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

## UPCOMING COMMUNITY EVENTS



### 18th Annual Orange County Senior Summit

**About:** Join the Office of Supervisor Katrina Foley in addressing the diverse needs, interests, and challenges that face today's elders and their caretakers!

**When:** October 10, 2025, from 9 a.m. to 1 p.m.

**Where:** Aliso Viejo Ranch  
100 Park Ave., Aliso Viejo, CA 92656

**Space is limited; registration is required** [Senior Summit 2025](#).

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### Emergency Preparedness Expo

**About:** This free community event brings together emergency services, safety experts, and helpful vendors to share the tools and information you need to stay ready for whatever comes your way.

**When:** October 18, 2025, from 10 a.m. to 1 p.m.

**Where:** Seal Beach Leisure World, Clubhouse 3 Lobby and Veteran's Plaza  
1900 Saint Andrews Dr., Seal Beach, CA 90740

**For more information,** visit [Emergency Preparedness Expo](#)



### National Prescription Take Back Day

**About:** This national initiative allows residents to drop off medicine with no questions asked, which helps prevent drug misuse and promotes public safety.

**When:** October 25, 2025, from 10 a.m. to 2 p.m.

**Where:** [Click here](#) to find the nearest drop-off location.

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### NEWS



### Senior Farmers' Market Nutrition Program

Throughout the month of September, the Office on Aging successfully distributed over 1,200 Farmers' Market electronic benefit cards throughout the community as part of the Senior Farmers' Market Nutrition Program (SFMNP).

SFMNP is an annual, federally funded initiative that provides eligible low-income seniors with a one-time \$50 benefit each year to purchase fresh, locally grown produce, cut herbs, and raw honey at Certified Farmers' Markets. The program supports both senior nutrition and local agriculture by encouraging healthy eating and community engagement.

Learn more about the program: [cdfa.ca.gov/SeniorFarmersMrktNutritionPrgrm/](https://cdfa.ca.gov/SeniorFarmersMrktNutritionPrgrm/)

## RESOURCE SPOTLIGHT



### Medicare Open Enrollment

Medicare Open Enrollment is from October 15, 2025, to December 7, 2025, during which Older Adults can review, change, or enroll in a Medicare plan.

To help with these decisions, the Council on Aging - Southern California's Health Insurance Counseling & Advocacy Program (HICAP) provides free, confidential counseling. HICAP counselors assist by explaining changes to current coverage, comparing available plans, and finding options that align with your healthcare needs and budget.

For more information, read the [Medicare Open Enrollment](#) flyer.

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## GET INVOLVED

### OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
  - **When:** Friday, October 10, 2025 at 9:30 A.M.
  - **Where:** 1063 McGaw Ave., Ste. 100, Irvine, CA 92614
- **Executive Committee Meeting**
  - **When:** Friday, October 24, 2025 at 9:30 A.M.
  - **Where:** 1300 S. Grand Ave., Bldg. B, Santa Ana, CA 92705

To learn more, please visit [officeonaging.ocgov.com](https://officeonaging.ocgov.com).

**Please Note:** Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

# OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on August 2025 service data.



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## STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

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