



OC OFFICE ON AGING

Monthly Newsletter

FEBRUARY 2026

WHO ARE WE?

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

 **Email:** AreaAgencyOnAging@occr.ocgov.com

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

UPCOMING COMMUNITY EVENTS



Meet Author: Sonali Dev*
(OC Office on Aging in partnership with OC Public Libraries)

About: Sonali Dev is a USA Today bestselling author who writes hilarious and heartwarming stories about families without boundaries. Her novels have been named Best Books of the Year by Library Journal, NPR, the Washington Post, and Kirkus. Books available for purchase. No registration required. All ages welcome. Early arrival suggested.

When: March 11, 2026, at 6:30 p.m.

Where: Laguna Hills Community Center
25555 Alicia Pkwy., Laguna Hills, CA 92653

More information: (714) 566-3072 or ocpl.programs@occr.ocgov.com

Crafty Adults - Pressed Flower Suncatchers*
(OC Office on Aging in partnership with OC Public Libraries)

About: Crafty Adults is a DIY program especially for adults! For March, we will be making a sun catcher. This program is first come, first served. No registration required.

- **When:** March 13, 2026, from 10:30 a.m. to 12 p.m.

Where: Laguna Beach Library
363 Glenneyre St., Laguna Beach, CA 92651

More information: (949) 497-1733

- **When:** March 14, 2026, from 2-3 p.m.

Where: Garden Grove Tibor Rubin Library
11962 Bailey St., Garden Grove, CA 92845

More information: (714) 897-2594 or ocpl.ggtr@occr.ocgov.com

2026 DMC Housing & Community Workshops



Workshops by DMC Housing team:

Housing Search and Being Document Ready

Learn ways to increase your chances of successfully securing housing opportunities.
April 23, 2026 2 PM | August 27, 2026 2 PM

Budgeting For Housing

Learn ways to increase your income and decrease expenses through community supports.
January 22, 2026 2 PM | May 28, 2026 2 PM | October 22, 2026 2 PM

Housing Options

Learn about different housing options and how to apply for them.
February 26, 2026 2 PM | July 23, 2026 2 PM | November 19, 2026 2 PM



Workshops By Guest Presenters:



Basic Housing Rights

Learn about tenant's rights, affordable housing, ensuring safe and healthy living conditions, requesting reasonable accommodations or modifications for persons with disabilities, and navigating the eviction process.

March 26, 2026 2 PM | June 25, 2026 2 PM | September 24, 2026 2 PM

Estate Planning

Learn about essential estate planning topics such as wills, powers of attorney, advanced healthcare directives, and trusts so you can gain the knowledge needed to make informed decisions and confidently plan for the future.

March 19, 2026 2 PM | June 18, 2026 2 PM | September 18, 2026 2:00 PM



Disclaimer: Trainings contain general information and does not constitute legal advice.

To RSVP and get the ZOOM details, please e-mail us at housing@daylemc.org, call 714-621-3300 or scan QR code on the right.



To request an accommodation, please contact us 10 days before the workshop.

Dayle McIntosh Center Workshops

- Estate Planning**

About: Learn about essential estate planning topics such as wills, powers of attorney, advanced healthcare directives, and trusts so you can gain the knowledge needed to make informed decisions and confidently plan for the future.

When: March 19, 2026, at 2 p.m.

Where: Online

More information: (714) 621-3300 or housing@daylemc.org
- Basic Housing Rights**

About: Learn about tenant's rights, affordable housing, ensuring safe and healthy living conditions, requesting reasonable accommodations or modifications for persons with disabilities, and navigating the eviction process.

When: March 26, 2026, at 2 p.m.

Where: Online

More information: (714) 621-3300 or housing@daylemc.org

OC PUBLIC LIBRARIES PRESENTS

Music Appreciation Series



Join us for a music appreciation series. Music lovers of all ages are invited to visit the library and enjoy a performance by bagpiper, John McLean Allan.

Mon, March 9 at 5:00pm
Brea Library
1 Civic Center Circle
Brea, CA 92821

Fri, March 13 at 3:00pm
Fountain Valley Library
17635 Los Alamos Street
Fountain Valley, CA 92708

Sat, March 14 at 2:00pm
Cypress Library
5331 Orange Avenue
Cypress, CA 90630

Sat, March 21 at 3:00pm
Ladera Ranch Library
29551 Sienna Parkway
Ladera Ranch, CA 92694

Sat, March 28 at 2:00pm
Garden Grove Chapman Library
9182 Chapman Avenue
Garden Grove, CA 92841

No registration required, all ages welcome. For more information, call 714-566-3072 or email ocpl.programs@occr.ocgov.com



This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging.

Music Appreciation Series: John McLean Allen*
(OC Office on Aging in partnership with OC Public Libraries)

About: Music lovers of all ages are invited to visit the library and enjoy a performance by bagpiper, John McLean Allen. No registration required, all ages welcome.

When: Various dates throughout March

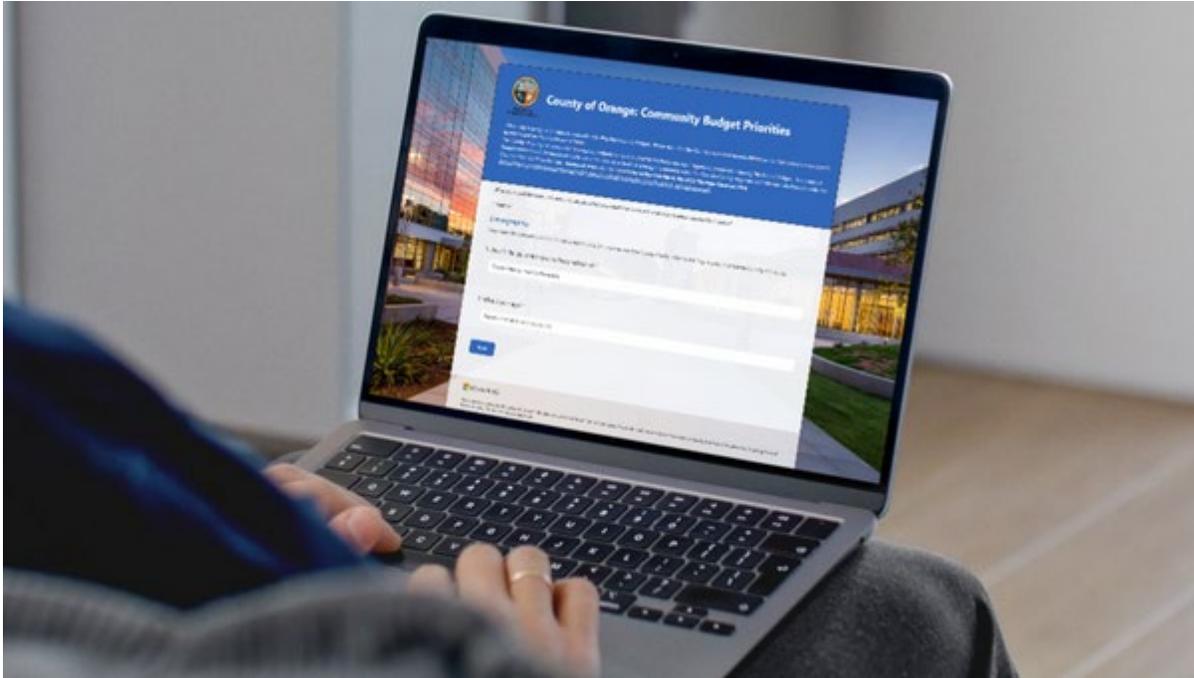
List of Times and Locations: [Music Appreciation Workshops - Bagpiper - Flyer](#)

***This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.**

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

[Office on Aging Events Calendar](#)

NEWS



Share Your Input on the County Budget

We value community input and would like your feedback regarding the County's budget and use of its limited discretionary funds. Providing feedback allows the County to incorporate your thoughts by ensuring budgeting priorities align with community values.

Follow the link to access the survey in multiple languages by March 6, 2026:
bit.ly/ocbudgetprioritiessurvey

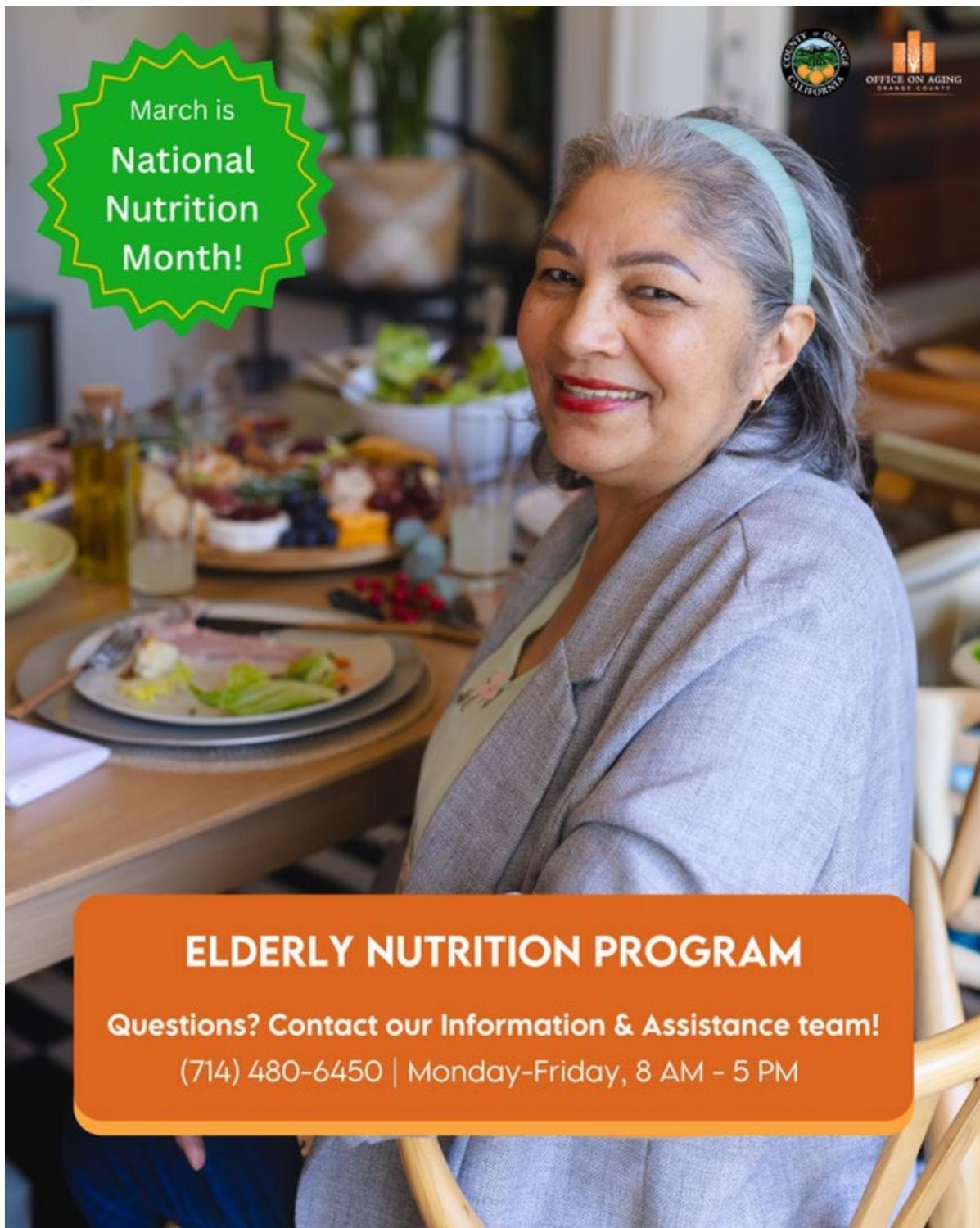
A screenshot of the OC Free Tax Prep website. The banner features a smiling woman with short grey hair. The text reads: 'FREE AND EASY TAX FILING WITH OC FREE TAX PREP'. Below this, it states: 'If you made less than \$69,000 in 2025, our IRS tax experts can help you file for FREE and maximize your refund.' There are two buttons: 'File with an Expert' and 'File Online'. At the bottom right, there is a contact number: 'For assistance call 2-1-1 or (888) 600-4357 then select option 7' and a small red circular icon with a white 'u' and an 'x'.

Free Tax Preparation Services for Orange County Older Adults

Orange County United Way offers OC Free Tax Prep services to help older adults file their taxes with confidence and at no cost. IRS-Certified Tax Preparers are available to help you file for free and maximize your refund. You can choose to file in person with a tax expert or online at your own pace.

Learn more: ocfreetaxprep.com or OCVITAVolunteer@UnitedWayOC.org

RESOURCE SPOTLIGHT



Orange County Office on Aging: Elderly Nutrition Program

March is National Senior Nutrition Month, a time to highlight the importance of healthy eating and its impact on the health and well-being of older adults. Good nutrition supports overall wellness, helps reduce the risk of chronic illness, strengthens the immune system, and supports brain health. Sharing meals can also bring people together, boost mood, and reduce feelings of isolation.

Orange County Office on Aging contracts with local service providers to offer nutritious meals at senior and community centers and to deliver meals to homebound older adults. These services help older adults maintain their health and continue living safely and independently at home.

📞 Call the Office on Aging Information & Assistance Call Center to learn more: (714) 480-6450, Monday-Friday, 8 a.m. to 5 p.m.

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging on matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
When: March 13, 2026, at 9:30 a.m.
Where: 1400 S Grand Ave., Santa Ana, CA 92705; Main Conference Room
- **Executive Committee Meeting**
When: March 27, 2026, at 9:30 a.m.
Where: 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

[Learn more about OAAC.](#)

Please note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on January 2026 service data.



STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

 **Facebook:** @OCOoA

 **Instagram:** @oc_ooa