

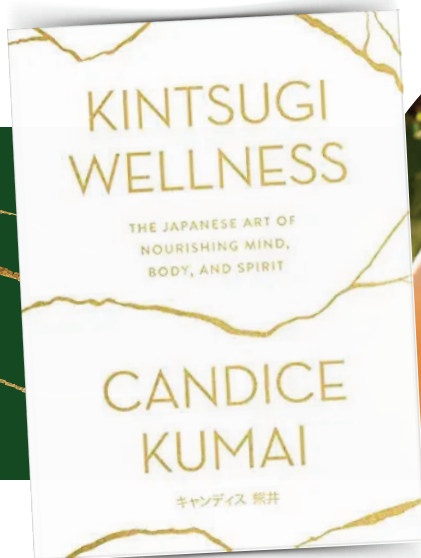
OC Public Libraries Presents

# Cookbook Author: **CANDICE KUMAI**

**Wednesday, May 6, 2026 at 6:00 pm**

Cypress Library | 5331 Orange Avenue, Cypress, CA 90630

Limited complimentary books available, while supplies last.  
No registration required, all ages welcome. Early arrival suggested.



Candice Kumai is an award-winning author, chef, and media personality on the TODAY show for over 15 years. Named "The Golden Girl of Wellness" by both *ELLE* and *Forbes*, Candice is a 14-time award winning writer, French classically trained chef, and former-model-turned journalist. She has written seven best-selling books, including *Kintsugi Wellness* and *Clean Green Eats*. Candice has served as the Editor At Large for *Shape* and *Men's Journal*, and as a columnist for *Men's Health* and *Women's Health*. She is a recurring judge on *Iron Chef America* and *Beat Bobby Flay*, and appears as a chef on *Selena + Chef*. Candice hosts a popular weekly podcast called *Wabi Sabi* and contributes to publications like *Vogue*, *Bon Appetit*, *New York Times Travel Show*, *NHK World*, *Chopra*, *Cosmopolitan*, *Well + Good*, *Thrive Global*, and *Yoga Journal*. She is known and loved best for her foolproof recipes, beauty tips and wellness secrets.

For more information, call (714) 826-0350 or email [ocpl.cypress@occr.ocgov.com](mailto:ocpl.cypress@occr.ocgov.com)

This project is funded in part through a grant from the California Department of Aging and administered locally by the Orange County Office on Aging.



Orange County, CA  
**Public Libraries**  
*Open Doors. Free Access. Community.*



**OFFICE ON AGING**  
ORANGE COUNTY