



# OC OFFICE ON AGING


## Monthly Newsletter

### APRIL 2026

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** [officeonaging.ocgov.com](https://officeonaging.ocgov.com)

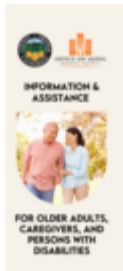
 **Email:** [AreaAgencyOnAging@occr.ocgov.com](mailto:AreaAgencyOnAging@occr.ocgov.com)

 **Phone:** (714) 480-6450



### Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



### Updated Office on Aging Brochure

We have refreshed our information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

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## UPCOMING COMMUNITY EVENTS

### Library Events in Partnership with the OC Office on Aging\*

- [Meet Cookbook Author: Jet Tila](#)
  - **When:** May 4, 2026, at 6 p.m.
  - **Where:** Aliso Viejo Library; 1 Journey, Aliso Viejo, CA 92656
- [Meet Cookbook Author: Candice Kumai](#)
  - **When:** May 6, 2026, at 6 p.m.
  - **Where:** Cypress Library; 5331 Orange Ave., Cypress CA 90630
- [One County, One Book - Author Talk: Percival Everett](#)
  - **When:** May 7, 2026, at 6:30 p.m.
  - **Where:** Laguna Hills Community Center; 25555 Alicia Pkwy., Laguna Hills, CA 92653
- [Spring Art Classes](#)
  - **When:** Various dates and times
  - **Where:** Multiple library locations

[View all OC Office on Aging partnership events with OC Public Libraries.](#)

*\*This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.*

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## 2026 Virtual Senior Rally Day

"Aging with Dignity – Funding What Matters"

- May 6, 2026
- 9:00 AM – 12:00 PM
- Advocacy: 1:00 PM – 3:00 PM
- Virtual Event

Join advocates, community leaders, and older adults across California for a powerful day of connection, education, and action.

**REGISTER NOW** [seniorrallyday.org/registration/](https://seniorrallyday.org/registration/)

Let Your Voice Be Heard

### 2026 Virtual Senior Rally Day

**About:** Join advocates, community leaders, and older adults across California for a powerful day of connection, education, and action. Senior Rally Day is designed to raise awareness among legislators and the Governor about senior issues during the time period when the May revision of the Governor's annual budget is being finalized. A coordinated advocacy program is conducted during the event.

**When:** May 6, 2026, from 9 a.m. to 3 p.m.

**Where:** Virtual

**Register:** [seniorrallyday.org/registration](https://seniorrallyday.org/registration)

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## ATTENTION JOB SEEKERS!

THE COUNTY OF ORANGE, IN PARTNERSHIP WITH SECOND DISTRICT SUPERVISOR VICENTE SARMIENTO AND THE TUSTIN CHAMBER OF COMMERCE, INVITE YOU TO ATTEND A

## CAREER FAIR



**MAY 21, 2026 • 10 AM - 1 PM**  
**COLUMBUS TUSTIN RECREATION CENTER**  
17522 Beneta Way, Tustin, CA 92780

### Looking for quality employment?

- Connect with top businesses
- Submit resumes directly
- Potentially interview on the spot
- Streamline the job hunt

*Free registration and parking.*



Register by scanning the QR code or visit  
[bit.ly/2026CareerFairTustin](https://bit.ly/2026CareerFairTustin)

**QUESTIONS?** Contact (866) 500-6587 or [info@ocworkforcesolutions.com](mailto:info@ocworkforcesolutions.com)



This WIOA Title I financially assisted program or activity is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. If you need special assistance to participate in this program, please call (866) 500-6587. TDD/TTY users, please call the California Relay Service at (800) 735-2922 or 711. Please call 48 hours in advance to allow reasonable arrangements to be made to ensure accessibility to this program.

### 2026 Career Fair - Tustin

**About:** Connect with employers, explore job openings, and take the next step toward your career goals. Bring your resume and dress to impress!

**When:** May 21, 2026, from 10 a.m. to 1 p.m.

**Where:** Columbus Tustin Recreation Center  
17522 Beneta Way, Tustin, CA 92780

**Register:** [bit.ly/2026CareerFairTustin](https://bit.ly/2026CareerFairTustin)

*Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.*

**OC Office on Aging Events**

## NEWS



### Older Americans Month: Champion Your Health

May is Older Americans Month, led by the Administration for Community Living (ACL). This month is a time to recognize the many contributions of older adults, highlight key aging trends, and renew our commitment to serving our community. This year's theme, "Champion Your Health," focuses on prevention, wellness, and personal responsibility as the foundation of healthy aging. It encourages older adults to take an active role in their health by speaking up for their needs, accessing preventive care, and making informed choices that support independence. Older Americans Month is a chance for individuals and communities to come together, support well-being, and promote healthier aging for all

[!\[\]\(e78f798d4ea5c530c9db49e7d26e6b95\_img.jpg\) Learn more about Older Americans Month.](#)



Marketplace.city

### CALL FOR INNOVATION: MEAL DELIVERY

COUNTY OF ORANGE, CALIFORNIA  
Seeking partners to deliver nutritional programs for residents 60+.

**RESPONSES DUE: MAY 29, 2026**

### Call for Innovation: Nutrition Services for Older Adults

Marketplace.city is working with the County to gather information from qualified partners interested in delivering nutrition services for Orange County residents age 60 and older, in alignment with Title III-C of the Older Americans Act. This Call for Innovation (CFI) will help assess provider capabilities, service areas, and readiness to participate in a future bidding process. Responses will help inform an upcoming Request for Proposals (RFP). **Responses are due May 29, 2026.**

[!\[\]\(fe3aebe81acea8d45108cd2768939da7\_img.jpg\) Learn more or submit a response.](#)



*Dedicated to preserving and enhancing the quality of life for older Californians and their families.*

## *CSL Elections*

- ✓ *Are you 55 or older?*
- ✓ *Involved and aware of senior issues in your local area?*
- ✓ *Driven to make a difference in the lives of aging Californians?*
- ✓ *Willing to volunteer?*
- ✓ *Interested in representing your local community at the State Level?*



*If you answered **Yes**, visit the California Senior Legislature website at [www.acsl.org](http://www.acsl.org) or ask Orange County's Area Agency on Aging (AAA) for a CSL election packet to learn more.*

*Election packets are due to the AAA office no later than: **July 11, 2026.***

*Application packets must be submitted to the Orange County's AAA by Email: [AreaAgencyonAging@occr.ocgov.com](mailto:AreaAgencyonAging@occr.ocgov.com)*

## **Help Shape Aging Policy in California**

The California Senior Legislature (CSL) works to protect and enhance the quality of life for older Californians and their families. Through CSL, older adults have a voice in shaping policies that impact aging across the state.

Adults age 55 and older can take part in a local election process by running for Senior Senator or Senior Assemblymember. These volunteer leaders represent their community's priorities and work alongside state legislators to support policies that promote independence, dignity, health, and overall well-being.

🔗 Interested in getting involved? [Download the 2026 CSL Election Packet.](#)

Submit completed applications by July 11, 2026, via email to the Orange County Office on Aging at [AreaAgencyonAging@occr.ocgov.com](mailto:AreaAgencyonAging@occr.ocgov.com).

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## Share Your Event with Us

Do you have a community event for older adults, caregivers, or adults with disabilities? Use our new [OCCS Event Submission Form](#) to share your event for possible promotion in our newsletter or social media. You can also request an *OC Office on Aging* resource table.

Please note that submitting a request does **not** guarantee County participation or promotion.

👉 [Submit your event here.](#)

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## RESOURCE SPOTLIGHT



### COMMUNITY SERVICES PROGRAM

Supporting older adults with:

- ✓ Social activities & arts
- ✓ Health & wellness programs
- ✓ And more!

**Questions? Contact our Information & Assistance team!**

(714) 480-6450 | Monday-Friday, 8 AM - 5 PM

### Community Services Program

In honor of Older Americans Month and this year's theme, "Champion Your Health," Community Services programs help older adults stay connected and support their overall well-being. These programs offer free opportunities to stay engaged through social activities, arts, and health and wellness programs. By creating spaces for connection and participation, Community Services helps support emotional well-being and healthy aging.

**📞 Call the Office on Aging Information & Assistance Call Center to learn more: (714) 480-6450, Monday-Friday, 8 a.m. to 5 p.m.**

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# GET INVOLVED

## OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
  - **When:** May 8, 2026, at 9:30 a.m.  
**Where:** 1400 S Grand Ave., Santa Ana, CA 92705; Main Conference Room
- **Executive Committee Meeting**
  - **When:** May 22, 2026, at 9:30 a.m.  
**Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

[Learn more about OAAC.](#)

*Please note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.*

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## OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on March 2026 service data.



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## STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

 [Facebook:](#) @OCOoA

 [Instagram:](#) @oc\_ooa