



OC OFFICE ON AGING


Monthly Newsletter

MAY 2026

The Orange County (OC) Office on Aging is committed to enhancing the quality of life for older adults in our community. Our mission is to ensure older adults in Orange County can age with dignity and independence while enjoying a high quality of life. We provide comprehensive services, resources, and advocacy to support this goal. For more information, please visit our website or contact us directly:

 **Website:** officeonaging.ocgov.com

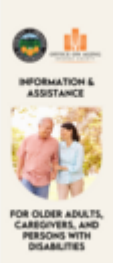
 **Email:** AreaAgencyOnAging@occr.ocgov.com

 **Phone:** (714) 480-6450



Online Resources Directory

Looking for support or services? Our free [Online Resources Directory](#) makes it easy to search for what you need. Find information related to caregiver support, in-home care, legal aid, and more!



Updated Office on Aging Brochure

We have refreshed our information & Assistance brochure to better highlight the services and resources available to older adults, caregivers, and people with disabilities in Orange County. Download it here: [Office on Aging I&A Brochure](#)

UPCOMING COMMUNITY EVENTS



FY 2026-27 Budget Open House

About: The County Executive Office’s Budget and Finance team invites you to attend the FY 2026–27 Budget Open House. This event will provide an overview of the County’s budget development process and highlights key priorities for the upcoming fiscal year.

When: June 3, 2026, from 3-7 p.m.

Where: County Administration North - Multi-Purpose Room 101; 400 W Civic Center Dr., Santa Ana, CA 92705

More information: [Public Workshop | Orange County Budget Office](#)

Library Events in Partnership with the OC Office on Aging*

- **Meet Cookbook Author: Jeffrey Eisner**
 - **When:** June 3, 2026, at 6 p.m.
 - **Where:** Aliso Viejo Library; 1 Journey, Aliso Viejo, CA 92656
- **Beginner Ukulele Lesson with Alison Marae**
 - **When:** June 6, 2026, at 2 p.m.
 - **Where:** Aliso Viejo Library; 1 Journey, Aliso Viejo, CA 92656
- **Crafty Adults: Decorate a Rock with Decoupage**
 - **When:** June 9, 2026, at 10 a.m.
 - **Where:** Laguna Woods Library; 24266 El Toro Rd., Laguna Woods, CA 92637
- **One County, One Book: Percival Everett - Music Appreciation Performances**
 - **When:** June 13, 2026, at 1 p.m.

- **Where:** Aliso Viejo Library; 1 Journey, Aliso Viejo, CA 92656
- **One County, One Book: Percival Everett - Film Screening**
 - **When:** June 17, 2026, at 4 p.m.
 - **Where:** Fountain Valley Library; 17634 Los Alamos St., Fountain Valley, CA 92708

View all OC Office on Aging partnership events with OC Public Libraries.

****This project is funded in part through a grant from the California Department of Aging and administered locally by the OC Office on Aging.***



**Family Furst
Drive-Thru Pet
Food Pantry**

ALL PET OWNERS
WELCOME!

*Dog, Cat, Rabbit, and Bird
food while supplies last*



HELD THE
SECOND SATURDAY
OF EVERY MONTH
FROM 8-10 A.M.
AT OC ANIMAL CARE

1630 Victory Rd., Tustin, CA 92782



Looking to donate?
Scan the QR Code to view
our Amazon Wishlist or
visit ocpetinfo.com for
more ways to donate!



For more information
visit ocpetinfo.com

(714) 935-6848    @ocanimalcare

Family Furst Drive-Thru Pet Food Pantry | OC Animal Care

About: Need help providing food for your pet? OC Animal Care hosts a monthly pet food pantry for pet owners in need. All pet owners welcome!

When: June 13, 2026, from 8-10 a.m.

Where: OC Animal Care; 1630 Victory Rd., Tustin, CA 92782

More information: ocpetinfo.com

TAKE CONTROL OF YOUR HEALTH!

Diabetes Self-Management Program

📅 **July 15 - August 19, 2026***
Wednesdays, from 1-3:30 PM
*Must attend all classes

📍 **Norman P. Murray
Community and Senior Center**
24932 Veterans Way
Mission Viejo, CA 92692

Participants will learn to:

- ✓ Manage medications
- ✓ Plan healthy meals
- ✓ Stay active
- ✓ Connect with their support system

🔗 Register by July 8: bit.ly/HealthyLivingDiabetes



Healthy Living with Diabetes**

About: Attend this free, evidence-based class developed by Stanford University for adults with type 2 diabetes or pre-diabetes. This program helps participants build practical skills and confidence to better manage their health and make everyday lifestyle choices that support long-term wellness.

When: July 15, 2026 - August 19, 2026, from 1-3:30 p.m.

Where: Norman P. Murray Community and Senior Center; 24932 Veterans Way, Mission Viejo, CA 92692

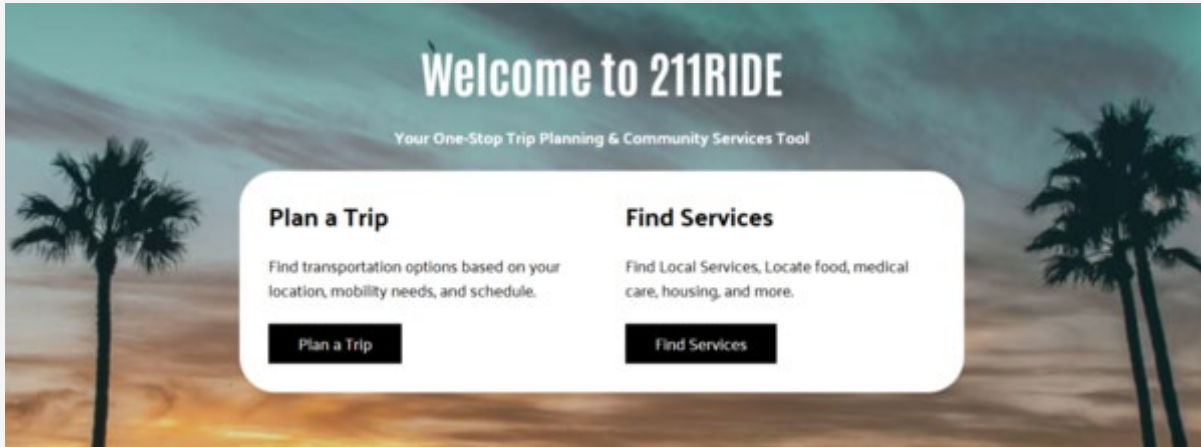
Register by July 8: [Diabetes Self-Management Program](https://bit.ly/HealthyLivingDiabetes)

****Must attend all classes**

Event information is provided for informational purposes only. The County makes no guarantee as to the accuracy of the event content and assumes no responsibility or liability.

OC Office on Aging Events

NEWS



211RIDE Helps You Plan Your Next Trip with Ease

Planning transportation in Orange County is now simpler with 211RIDE, a free online trip planning tool that connects residents to a wide range of transportation options. This service is available through a partnership between the Orange County Transportation Authority (OCTA) and local 211 providers.

211RIDE helps match users with the most appropriate travel options based on individual needs such as age, mobility, trip purpose, schedule, and preferred mode of transportation. It brings together information on fixed-route transit, paratransit, demand-responsive transit, volunteer transportation programs, and carpools or vanpools, helping you find the option that works best for your trip.

👉 [Learn more about 211RIDE.](#)



AI Scams Target Instant Payment

Scammers are increasingly using artificial intelligence (AI) to create convincing messages, imitate voices, and adapt their tactics in real time. These scams often involve pressure to act quickly, especially through instant payment or peer-to-peer money transfer apps. Once money is sent, it is often difficult or impossible to recover.

Staying alert and taking time to verify requests can help protect you and your finances. If you suspect financial abuse or exploitation, please use the reporting options below:

- **Older adults living independently:** Adult Protective Services (APS), (800) 451-5155
- **Older adults living in a licensed care facility:** Long-Term Care Ombudsman Program, (800) 300-6222
- **All crimes or safety concerns:** Contact your local law enforcement agency. Find your local agency at ocgov.com/residents/law/safety/policy.

📞 Call the Office on Aging Information & Assistance Call Center to learn more: (714) 480-6450, Monday-Friday, 8 a.m. to 5 p.m.



Share Your Event with Us

Do you have a community event for older adults, caregivers, or adults with disabilities? Use our new [OCCS Event Submission Form](#) to share your event for possible promotion in our newsletter or social media. You can also request an *OC Office on Aging* resource table.

Please note that submitting a request does **not** guarantee County participation or promotion.

👉 [Submit your event here.](#)

RESOURCE SPOTLIGHT

**SENIOR NON-EMERGENCY
MEDICAL TRANSPORTATION**

Doctor's appointments, pharmacies, and
other medical-related destinations.

Questions? Contact our Information & Assistance team!
(714) 480-6450 | Monday-Friday, 8 AM - 5 PM

Senior Non-Emergency Medical Transportation Program

The Senior Non-Emergency Medical Transportation (SNEMT) Program supports Orange County older adults, age 60 and older, who do not have other reasonable transportation options for medical needs. This includes trips to doctor's appointments, dialysis, chemotherapy, dental visits, prescription pick-ups, lab tests, and X-rays.

📞 Call the Office on Aging Information & Assistance Call Center to learn more: (714) 480-6450, Monday-Friday, 8 a.m. to 5 p.m.

GET INVOLVED

OAAC Meetings

The OC Older Adults Advisory Commission (OAAC) advises the OC Board of Supervisors through the OC Office on Aging matters affecting older adults in Orange County. You are invited to attend the upcoming OAAC meetings:

- **OAAC General Meeting**
 - **When:** June 12, 2026, at 9:30 a.m.
 - **Where:** 1400 S Grand Ave., Santa Ana, CA 92705; Main Conference Room
- **Executive Committee Meeting**
 - **When:** June 26, 2026, at 9:30 a.m.
 - **Where:** 1300 S Grand Ave., Bldg. B, Santa Ana, CA 92705

[Learn more about OAAC.](#)

Please note: Meeting locations are subject to change. For the most up-to-date information, please visit the [OAAC webpage](#), or check our [Facebook](#) or [Instagram](#) before attending.

OC OFFICE ON AGING MONTHLY STATISTICS

Numbers are based on April 2026 service data.

Information & Assistance

1,196 calls

Transportation (Non-Emergency Medical & Supportive Services)

11,098 one-way trips

Meals Provided (Congregate & Home-Delivered)

105,629 meals

Family Caregivers Counseling Services

178 hours

Legal Aid

820 hours

STAY INFORMED

Keep up-to-date with important announcements, events, and community news from the OC Office on Aging by subscribing to this newsletter, following us on social media, visiting our website, or contacting us directly.

[Subscribe to Newsletter](#)

 [Facebook:](#) @OCOoA

 [Instagram:](#) @oc_ooa