



Rooted and growing in Aging Services

SENIOR/COMMUNITY CENTERS

DESCRIPTION:

Senior/Community Centers act as a focal point for Older Americans to receive many aging services. They are a vital part of the aging network, and provide a variety of programs and services to help seniors maintain their functionality, independence and vitality. Most senior centers are free to attend; however, there may be cost associated with certain services, activities, and/or programs being offered at the centers. Senior/Community Centers provide a secure and caring environment for senior citizens.

PROGRAM SERVICES:

Senior/Community Center program services include; arts and humanities activities, educational opportunities, counseling and support groups, volunteer opportunities, leisure travel programs, and health and wellness programs. Some Senior/Community Centers also offer meals, help with financial and medical paperwork, case management, legal support, transportation, shopping trips, outings, friendship and other services specifically for seniors.

OFFICE ON AGING

Information and Assistance for Older Adults, Caregivers and Persons with Disabilities 1-800-510-2020 or 714-480-6450

These Centers are intended as referrals only. Inclusion does not imply endorsement or recommendation of any provider. Nor does an omission of a provider indicate disapproval.

CITY	SENIOR COMMUNITY CENTER	TELEPHONE	SERVICES PROVIDED
Anaheim	Anaheim Senior Citizens Center 250 E. Center Anaheim 92805 website: www.anaheim.net	714-765-4510	Information and referral, limited transportation, congregate meals, outreach, tax assistance, employment
	Community Action Partnership of OC (Anaheim Independencia Senior Center) 10841 Garza Anaheim 92804 website: www.capoc.org	714-826-9070	Information and referral, limited transportation, congregate meals, outreach, tax assistance, employment and other programs
	Brookhurst Community Center 2271 West Crescent Anaheim 92801 website: www.anaheim.net	714-765-3373	Education/activities, food/nutrition and transportation
Brea	Brea Senior Center 500 S. Sievers Avenue Brea 92821 website: www.cityofbrea.net	714-990-7750	Case management, education, food/nutrition, medical equipment and local transportation
Buena Park	Ehlers Community Center (Buena Park Community Senior Center) 8150 Knott Avenue Buena Park 90620 website: www.buenapark.com	714-236-3870	recreational activities, senior housing, medical trasportation, lunch programs, driving training
Corona del Mar	Oasis Senior Center 801 Narcissus Avenue Corona del Mar 92625 website: www.newportbeachca.gov	949-644-3244	Congregate meals, tax assistance, Medicare counseling, employment, and local transportation
Costa Mesa	Costa Mesa Senior Center 695 West 19th Street Costa Mesa 92627 website: www.costamesaseniorcenter.org	949-645-2356	Health and wellness classes, recreation, social services, delivered meals, case management, and local transportation

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Cypress	Cypress Senior Citizens Center 9031 Grindlay Cypress 90630 website: www.ci.cypress.ca.us	714-229-2005	Congregate meals, home delivered meals, special events, forums, health screenings, tax services, and support groups
Dana Point	Dana Point Senior Center 34052 Del Obispo Dana Point 92629 website: www.danapoint.org	949-496-4252	Information and referral, limited transportation, congregate meals, outreach, tax assistance, employment and other programs
Fountain Valley	The Center At Founders Village Senior & Community Center 17967 Bushard Street Fountain Valley 92708 website: www.fountainvalley.org	714-593-4446	Fitness, education, recreation, social events and human services
Fullerton	Fullerton Community Center-Senior Services 340 West Commonwealth Fullerton 92832 website:http://fullertoncommunitycenter.com/senio r-services-programs/	714-738-6575	Education/activities, food/nutrition and transportation
Garden Grove	H. Louis Lake Senior Center 11300 Stanford Avenue Garden Grove 92840 website: www.ci.garden-grove.ca.us	714-741-5253	Education/activities, food/nutrition and transportation
	Korean American Seniors Association of O.C. 9884 Garden Grove Blvd. Garden Grove 92844 website: www.kasaoc.korean.net	714-530-6705	Education/activities, food bank and transportation
Huntington Beach	Senior Center In Central Park 18041 Goldenwest St. Huntington Beach 92648 website: www.huntingtonbeachca.gov/residents/human_se rvices/senior_services.cfm	714-536-5600	recreation, socialization, nutrition, volunteer opportunities, transportation, care management, travel, fitness, and wellness services

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Irvine	Lakeview Senior Center 20 Lake Road Irvine 92604 website: www.irvineseniors.org	949-724-6900	Education/activities, food/nutrition and transportation
	Keen Center for Senior Resources 20 Lake Road Irvine 92604 website: www.irvineseniors.org	949-724-6926	Free support groups, health assessments, HICAP services, legal and notary services, and Information and referral services
	Rancho Senior Center #3 Ethel Coplen Way Irvine, CA 92612 website: www.irvineseniors.org	949-724-6800	Rose Garden Café, Fitness Center, Games/Activities
	Trabuco Center 5701 Trabuco Road Irvine, CA 92620 website: www.irvineseniors.org	949 724-7300	Fitness Center, Games/Activities
La Habra	La Habra Community Center 101 West La Habra Blvd. La Habra 90631 website: www.lahabracity.com	562-383-4200	Education/activities, food/nutrition and transportation
La Palma	La Palma Recreation & Community Center 7821 Walker Street La Palma 90623 website: www.cityoflapalma.org	714-690-3350	Education/activities, and food/nutrition
Laguna Beach	Laguna Beach Seniors 380 Third Street Laguna Beach 92651 website: www.TheSusiQ.org	949-464-6645	Educational classes/activities, care management and one on one/group therapy. Specific programs include: Feeling the Blues, Caregiver Support Group, Grief/Loss, Heart to Heart/Healing Grief thru HeArt, and a club for the senior LGBT population
Laguna Hills	Florence Sylvester Senior Center 23721 Moulton Parkway Laguna Hills 92653 website: www.agewellseniorservices.org	949-380-0155	Education/activities, food/nutrition and transportation

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Laguna Niguel	Sea Country Senior & Community Center 24602 Aliso Creek Road Laguna Niguel 92677 website: www.cityoflagunaniguel.org	949-425-5151	Fitness, education, recreation, social events,human services, tax assistance, and transportation
Lake Forest	City of Lake Forest Senior Center 25550 Commercentre Drive, #100 Lake Forest 92630 website: www.lakeforestca.gov	949-461-3458	Education/activities, and transportation
Los Alamitos	Los Alamitos Recreation & Community Services 10911 Oak Street Los Alamitos 90720 website: www.cityoflosalimitos.org	562-430-1073	Home-delivered meals, tax assistance, medicare assistance, and food/nutrition
Midway City	Abrazar at Midway City Community Center 14900 Park Lane Midway City 92655 website: www.abrazarinc.com	714-898-0203	Education/activities, and food/nutrition
Mission Viejo	Norman P. Murray Community & Senior Center 24932 Veterans Way Mission Viejo 92692 website: www.cityofmissionviejo.org	949-470-3062	Education/activities, food/nutrition and transportation
	El Modena Senior Center 18672 East Center Street Orange 92869 website: www.capoc.org	714-532-3595	Education/activities, and food/nutrition
Orange	The Friendly Center 147 W. Rose Avenue Orange 92866 website: www.friendlycenter.org	714-771-5300	Education/activities, and food/nutrition
	Orange Senior Center 170 South Olive Street Orange 92866 website: www.orangeseniorcenter.org	714-538-9633	Education/Leisure activities, food/nutrition,volunteer services and transportation
Placentia	Placentia Senior Center 143 S. Bradford Avenue Placentia 92870 website: www.placentia.org	714-986-2332	Education/activities, food/nutrition and transportation

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Rancho Santa Margarita	Bell Tower Regional Community Center 22232 El Paseo Rancho Santa Margarita 92688 website: www.cityofrsm.org	949-216-9700	Education/activities, and food/nutrition
San Clemente	Dorothy Visser Senior Center San Clemente 117 Avenida Victoria San Clemente 92672 website: www.san-clemente.org	949-498-3322	Education/activities, food/nutrition and transportation
San Juan Capistrano	San Juan Capistrano Community Center 25925 Camino del Avion San Juan Capistrano 92675 website: www.sanjuancapistrano.org	949-493-5911	Exercise, computer classes, legal/elder law services, HICAP, day trips, tax preparation, safe driving courses, a flu shot clinic, free health screenings, support groups, monthly socials, games, a library, food/nutrition, and transportation
Santa Ana	Asian American Senior Citizens Service Center 850 N. Birch Street Santa Ana 92701 website: www.aascsc.org	714-560-8877	Education/activities, senior meal delivery, and health screenings
	Santa Ana Senior Center 424 West Third Street Santa Ana 92701 website: www.ci.santa-ana.ca.us	714-647-6540	Education/activities, food/nutrition and transportation
	Southwest Senior Center 2201 West McFadden Avenue Santa Ana 92704 website: www.ci.santa-ana.ca.us	714-647-5306	Case management, education/activities, food/nutrition, and transportation
	Southland Integrated Services 1618 West First Street Santa Ana 92703	714-558-6009	Case management, and education/activities
Seal Beach	Seal Beach Senior Center 707 Electric Avenue Seal Beach 90740 website: www.sealbeachca.gov	562-431-2527	Education/activities, and transportation

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Stanton	Stanton Senior Center 7800 Katella Avenue Stanton 90680 website: www.ci.stanton.ca.us	714-379-9222	Information and referral, limited transportation, tax assistance, and food/nutrition
Tustin	Tustin Area Senior Center 200 S. "C" Street Tustin 92780 website: www.tustinca.org	714-573-3340	Couseling services, education/activities, food/nutrition, and transportation
Westminster	Abrazar Senior Center 7101 Wyoming Westminster 92683 website: www.abrazarinc.com	714-893-3581	Couseling services, education/activities, food/nutrition, and transportation
	Westminster Senior Center 8200 Westminster Blvd. Westminster 92683 website: www.westminster-ca.gov	714-895-2878	Education/activities, food/nutrition and transportation
Yorba Linda	Yorba Linda Senior Center 4501 Casa Loma Yorba Linda 92886 website: www.ci.yorba-linda.ca.us	714-961-7181	Education/activities, food/nutrition and transportation